

## **Holbrook and Harkstead Helpers Report for Harkstead Meeting 2025**

In the past year Holbrook and Harkstead Helpers have helped residents just over 400 times. The bulk of these numbers is due to some very kind neighbours checking in on elderly residents on a regular basis. Dog walking has featured largely this year. This has been for people with health conditions that meant regular walks were very difficult. Shopping and transport make up the rest of the numbers.

It feels as if the emphasis on the type of help needed is changing in recent months and we have had many more requests for transport to medical appointments. We are enormously grateful to all those willing to give lifts. As part of the Good Neighbourhood Scheme, we need to try and recruit more drivers as there have been a few occasions when it has been very difficult to find anyone available.

Thank you to everyone who has signed up to being a Helper. There are lot of residents who are very grateful for your help.

Holbrook and Harkstead Helpers Committee