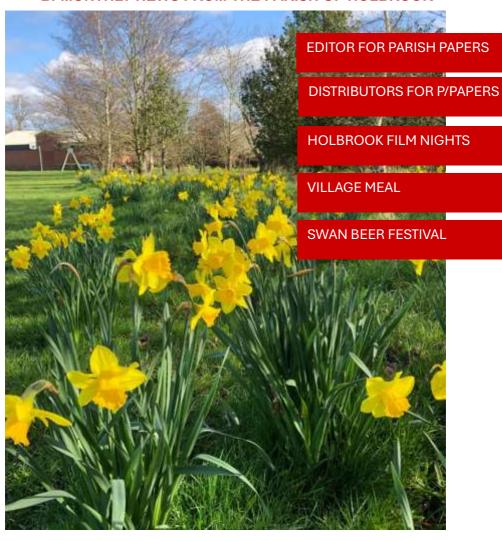
PARISH PAPERS

BI-MONTHLY NEWS FROM THE PARISH OF HOLBROOK



April and May 2024 Edition

Holbrook Film Nights presents





Based on the extraordinary character at the centre of Roald Dahl's beloved children's book 'Charlie and the Chocolate Factory', Wonka tells the wondrous story of how the world's greatest inventor, magician and chocolate-maker became the Willy Wonka we know today. Young Willy Wonka is full of ideas, and determined to change the world one delectable bite at a time – proving that the best things in life begin with a dream, and if you're lucky enough to meet Willy Wonka anything is possible.



Doors open at 7.00pm - film starts at 7.30pm

Tickets on the door: Adults £5 - Under 12's £2.50

Holbrook Film Nights Disclaimer. Adults are responsible for making sure the film is suitable for their children and that the age rating is respected.

Holbrook Parish Papers

It's your Parish Papers, so come on, help us make it work!

Support your village...



We are going to need contributions from anyone who's got something to say about what's happening in our village, schools, clubs, village organisations, sports clubs.

But we do need ads and articles by a minimum of 10 days before the end of May for the June/July issue.

Parish Papers are bi monthly, so issues for 2024 are as follows:

June/July, August/September, October/November 2024.

All articles, emails and photos should be sent to:

Clerk@holbrookparishcouncil.gov.uk

Notes from John Ambrose

Chairman, Holbrook Parish Council

Welcome to the spring edition of the parish papers and we hope you enjoy reading them. I have stood in as a guest editor to ensure that they are out on time, but I do hope that someone will come forward to take the task on. No special IT skills are required, just an ability to use Word to create them. I am happy to sit down and talk to you if you are interested.

Sadly, despite the parish council recommending refusal the planning authority approved the application to convert the Compasses into 3 dwellings and build 2 new houses on the garden and park. We had hoped that our neighbourhood plan would have influenced the planners and we are looking into challenging the decision.

We have now changed our website address and emails for councillors, this is following advice given to us. Our new website is: https://holbrookparishcouncil.gov.uk and my email address is johnambrose@holbrookparishcouncil.gov.uk. The reason for the change is to give us an extra layer of security.

AT our last meeting, residents raised concerns about car parking around school drop off and pick up times, whilst the council share their concerns we are restricted in what we can do. The council did look into this in 2022 and it is felt that nothing has changed and our decision not to take further action remains unchanged.

Residents are encouraged to report inconsiderate parking to the enforcement team at:

https://ipswich.gov.uk/content/report-parking-problem

Village Meal

The April meal will be on Tuesday 16th from 6pm at the Holbrook Village Hall, sausages and mash with onion gravy followed by a dessert (vegetarian option).

The May meal will be on Tuesday 14^{th.}

Tickets are £10 and must be bought in advance from Woodys.

Film Night

The next film is Wonka on Friday 12th April, see advert inside the front cover of this edition. More films planned for the next few months.

Tide Times for the Strand

These are dates when the Strand may be flooded due to high tides over the next couple of months, times are approximate and can change due to weather conditions.

Date	Time of High Water	Date	Time of High Water
7/4	11.53	7/5	12.17
8/4	12.41	8/5	13.03
9/4	13.26	9/5	13.47
10/4	14.10	10/5	14.29
11/4	14.52	11/5	15.10
12/4	15.34		

Annual Parish Meeting Tuesday 23rd April 7.30pm Holbrook Village Hall

The Annual Parish Meeting provides an opportunity for parishioners of the Village to receive updates from the Parish Council and other local organisations.

The annual payment of the peppercorn rent will be given to the heads of school from the RHS and entertainment from the Academy.

After the meeting there will be an opportunity to chat to everyone there and there will be refreshments served.

Parish Council Meeting Monday 16th April 7.30pm Holbrook Village Hall

This is the next Parish Council and members of the public are welcomed to attend, concerns can be raised during the Public Forum.

Little Free Library 1 Abbott Way, Holbrook

Thanks to Tracy Stephens for putting this up outside their house. Anyone is free to take a book from its stock of adult's and children's books which are changed weekly. Donations always welcomed.



Village Hall

The village hall annual general meeting is on Tuesday 23rd April at 7pm ahead of the annual parish meeting in the village hall. Everyone is welcome to attend.

A big thank you for the 5 individuals and 1 club that have sponsored the new tables. We hope to get 10 tables to replace the old trestle tables, there is still time to sponsor a new table or even a share in one (they cost £135 each). Please contact the village hall secretary Christine Ambrose on 328815 if you interested.



OPEN GARDENS



8TH - 9TH JUNE 2024

Please complete the form below and drop it off to The Holbrook Society. c/o Little Orchard House, Little Orchard, Holbrook IP9 2NR

I would like to take part in the Open Gardens event.

Name:	N. 90	
Address:		
Telephone:		
E-mail:		
	Donations will be towards St Elizabeth H	ospice.
CH	HOLBROOK TRAILS	024 D/XX

Please complete the form below and drop it off to The Holbrook Society, c/o Iona, Ipswich Road IP9 2QT (Iona is opposite the junction with The Street)

344-974 JUNE

I would like to take part in the Holbrook Trail: Children's Films.

Name:	Child: O	Adult: O
Address:		
Telephone:		
E-mail:	14.00	

I enclose a £5 donation towards EACH (East Anglian Children's Hospice)

Entries will be judged. Prizes for Child and Adult entries



VIVO

Village Voices on the Peninsula

We meet every Friday Evening at the Methodist Chapel, Holbrook 7pm - 8pm

Contact: Sue Wightman (Musical Director)

Tel. 01473 780346

Mobile: 078911 167485

Email: susiepugwash@btinternet.com

Holbrook Walking Football Group

Walking football is the perfect fit for everyone who wants to be active, make friends and get out of the house.



Although walking football was created for over 50's our group is unique in that we have players in their 20's up to players in their 60s - men and women.

Some players have played football regularly, some are new to the sport.

We are a friendly and welcoming group and play 9.30am -10.30am every Sunday, indoors at Holbrook Sports Centre. Sessions cost £2 but come along and try for free!

If you'd like further info please contact Simon Page 07912 609549



A regular column from Lisa Thomas of Come Hither Gallery on Ipswich Road

We're looking forward to our April and May open weekends with lots of art to reinforce your mood along with the change of season and longer days.

As we haven't been around for many of the weekends this year (ITFC's magnificent season is to blame!) we have decided to open one weekend each month, along with opening for longer seasonal exhibitions later in the year. On the right of this page there is a list of our open weekends for the first half of the year. You are more than welcome to visit on almost any other day — please contact us to see if we're around — just give us a call to check that we are in when you'd like to visit.

We will also be participating in Suffolk Open Studios during June this year, with a special exhibition — watch this space!

Finally, if you visited us last year, please could leave us a review on Facebook, Google or TripAdvisor? It obviously helps us immeasurably (provided it's a positive one!). Thank you!

COME Hither Gallery

OPEN DAYS 2024

April 20th - 21st

May 11th - 12th

May 31st – Summer Exhibition private view

June (Suffolk Open Studios)

1st - 2nd

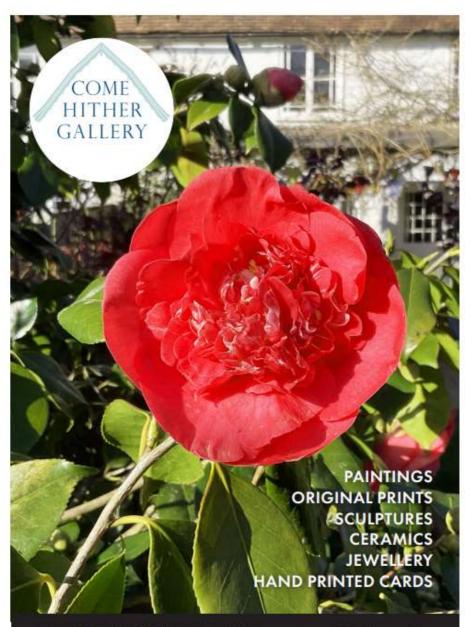
8th - 9th

22nd - 23rd

29th - 30th

We look forward to seeing you and enjoying 2024 filled with beautiful art.

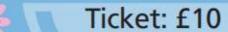
01473 327184 www.gallery.comehitherdesign.com



FOR MORE INFORMATION AND OPENING DATES: www.gallery.comehitherdesign.com/diary 01473 327184 Come Hither Gallery, 1 Hither House, ipswich Road, Holbrook, Suffalk IP9 2QT

Village Meal

Tuesday 16th April 2024 at the Village Hall 6pm to 8pm



Tickets MUST be bought in advance from Woody's by Friday 12th April



Bangers & Mash

Vegetarian option available Followed by a dessert Bring your own drinks and glasses





Suffolk Library Mobile Service

Calling every 4 weeks on Fridays

Stop	Village	Location	Time	
17A	Shotley	Village Hall	0930-1030	
17B	Shotley	Lay-by opposite		
		Great Harlings	1035-1050	
17C	Shotley	Baker Road	1055-1115	
17D	Shotley	Bristol Hill	1120-1200	
17E	Shotley	Kingsland	1300-1315	
17E1	Erwarton	Lay-by	1320-1345	
17F	Harkstead	Church	1355-1415	
17G	Harkstead	The Baker's Arms	1420-1450	
171	Holbrook	The Compasses	1500-1530	
17K	Freston	Freston Street	1540-1600	

2024: 26 January, 23 February, 22 March, 19 April, 17 May, 14 June, 12 July, 9 August, 6 September, 4 October, 1 November, 29 November, 27 December

Stop	Village	Location	Time	
8A	Chelmondiston	School	0925-1045	
88	Chelmondiston	The Red Lion	1050-1120	
8C	Woolverstone	Marina	1130-1155	
8D	Stutton	Larksfield	1210-1240	
8E	Stutton	Community shop	1245-1315	
8G	Holbrook	The Street	1430-1600	

2024: 12 January, 9 February, 8 March, 5 April, 3 May, 31 May, 28 June, 26 July, 23 August, 20 September, 18 October, 15 November, 13 December

HOLBROOK COMMUNITY CAFÉ

Have you tried your Holbrook Community Café?

The café operates in the Methodist Chapel (opposite the Co-op) on Wednesdays 10.30am-3.30pm. It is open to anyone who would like to come.

Come and enjoy a friendly atmosphere, tea, coffee, cakes and a soup lunch. There is no charge for the refreshments or the warm space but donations are welcome towards the running costs if you wish.

Would you like to help at the café?

Help is welcome for all or part of the time the café is open.

This can include setting up, making hot drinks, serving, clearing, and loading dishwasher, or you might be interested in becoming a co-ordinator. If you are not able to help on the day, could you make cakes or soups for

the café?

If you are interested in offering help, come on a Wednesday, have a cuppa and speak to one of the co-ordinators or email suzie.fiske@googlemail.com



My Occasional Holbrook Diary

Nearly as exciting as previous offerings



Thursday, 8th **February.** Chris Sawyer brought round a large box of Parish Papers for delivery. Even in a world as devoid of incident as mine this would not normally merit a diary entry but Chris confirmed that he was stepping down as editor of said august magazine. I sure you will agree that, under his guidance, it has become the premier local publication on the peninsular and regularly contains a wealth of essential reading for the well-informed villager. He even persuaded me to take up my pen again after a long absence from annoying the reading public (OK forget that bit, this is meant to be a eulogy). Anyway Chris, thank you for the skill and energy that you have put in, your efforts will be much missed.

Saturday, 10th February. It rained, in fact it rained more less continuously during February. Sadly today was the day I had chosen to deliver the magazines. My route is around the bosky outskirts of Holbrook from Hyams Lane to Woodlands Road and it is usually my pleasure to proceed in stately fashion on my e-bike. No pleasure today, roads were diabolical! Pot holes are always bad but even more treacherous when under water. As everyone who knows me will affirm I am usually indistinguishable from a ray of sunshine and reluctant to complain about anything, but these are third world conditions and those responsible should start fixing it. I notice, incidentally, that my Council Tax has just been raised exponentially (not just mine, I realise) so I have every confidence that repairs are in hand and they are handing out the (waterproof) yellow paint to mark the offending areas as you read this.

Monday, 18th March. Funeral of Milly Cloke, erstwhile organist at the Parish Church, music teacher and friend to many. Splendid dignified service and a fitting farewell to a much-loved villager. My sympathies to Peter and the rest of her family.

Note to self. Try and be more cheerful next time.

Robin Steggles

Parish Recorder

Many thanks to the Village Hall Committee who have allowed me to have a cupboard in the back of the hall for locked storage of Holbrook archives. Some of the history of the village is stored in The Hold in Ipswich. These are older and more fragile documents that need good conditions for their survival. They may also be a useful resource for researchers and should be kept in the public domain. However, much of the village history is more recent and more personal to Holbrook and should be available to the residents without going to The Hold. These include scrap books from the 1980s, photographs from 1910 to the present day, posters, videos, recordings and stories. Some examples of these are now safely stored in the new locked cupboard, rather than in my spare room. If you have anything that you think is relevant, please do contact me. Similarly, let me know via email (below) if you wish to see anything that you think might be there. It will be necessary to make an appointment with me so that a time can be found to visit.

Fran	W/I	lıame
ııaıı	V V II	nann

holbroo	krecord	ler@ya	ahoo.	com

Holbrook Art Club

The summer term will commence on Monday April 15th at 2 p.m. in the Bowls Pavilion, for the following 12 weeks (excluding bank holidays). Emma Graham will be with us to offer advice, encouragement & occasional demonstrations. The 2hour sessions will cost £6 plus a small charge for the Hall hire, all fees payable in advance. New members & past members are always welcome to join us. Call Emma on 787721 or Rita on 328257 for more details.

Holbrook Primary School Careers Day

At Holbrook, our Personal Social and Health Education (PSHE) subject review showed that many of our pupils have similar career goals: these were mainly to be a footballer, dancer, YouTuber or gamer. This led to the teacher in charge of PSHE arranging for a group of volunteer family members to come into school on Wednesday 11th March and run a careers fair.

The afternoon, which involved adults speaking to small groups for around 5 minutes about their jobs, was a resounding success. Each adult set up engaging displays and brought in props to go alongside their presentations giving the pupils a real insight into a range of professions. Our pupils, who asked lots of great questions, were inspired to broaden their ideas and open their minds to other career possibilities.





A huge thank you to the following people who helped make this brand new event in our busy school calendar such a positive experience for our pupils:

Mrs Smith & Mrs Wrinch - Veterinary Nurse and Surgeon

Ms Evans- Digital Designer

Mr Coburn – Firefighter

Mr Knighton – Police Force

Mrs Gladwell - Maternity Care/Midwife

Mrs Sims - Horse Care

Mrs Hesketh – Landscape Architect

Mrs Healy - Construction and employability skills

Mr Simpson - Finance - Trading

Mrs Vickers - Nursing

Mr Woodger – Journalism with BBC

Mrs Bradshaw – NHS Children's mental health and social care

We very much enjoyed our careers day and are proud to have been able to give our pupils an opportunity that would normally only take place when they reach High School. Careers Day is now a firm fixture on our school calendar.

Message from Holbrook Primary School Junior Road Safety Team

Parking in our community:

As a school, we share your concerns regarding inconsiderate parking in the area and want to work together to solve the issue. At Holbrook Primary we have a Junior Road Safety team who work with the community to promote road safety in our local area and are keen to understand the issues many local



residents are facing. Our Junior Road Safety Officers met with representatives from the Parish Council alongside our Community Police Officer to discuss issues and offer solutions to the problem. Our team would like to share the following message:

We are working hard to promote road safety in our area and have taken part in a local speed watch as well as a parking watch during pick-up time. The main issue we have noticed is parking at drop off and pick-up times, which results in unsafe parking. We are asking all adults who park in the area to consider whether they are parking safely and showing consideration to others. When parking outside our school, please could all members of our school community consider the following:

- Parking on the pavement can a double buggy or a wheelchair fit through the gap?
- Parking on the grass is affecting our local wildlife and could cause habitats to be destroyed.
- Please turn your engine off when parked to reduce the emissions admitted to the air.
- Could you walk to school or park in the Village Hall car park and walk down?

We hope that by working together as a community will help promote safe parking in our area and reduce the risk of any accidents occurring.

Holbrook Primary Junior Road Safety Officers

HOLBROOK SOCIETY NEWS

Contact: holbrooksociety@gmail.com



April 10th- BAWDSEY RADAR MUSEUM - 10.30am £10

A private visit with guides to answer all our questions.

Possible optional lunch at Ramsholt Arms? (Details of meeting point to follow. We shall hope to carshare as much as possible.)

May 21st 1.30-3.30 – visit to Bishop and Millers Auctioneers, Stowmarket – *details to come but you can reserve a place by emailing:* jmsquirrell@gmail.com

Saturday 1st June - Village Fete: Ipswich Hospital Band (Sponsored by Holbrook Society)

Sat-Sun 8th and 9th June OPEN GARDENS AND HOLBROOK TRAIL

Do let us know if you might be willing to open your garden or make a display.

Friday 21st June Village Hall £5 THE BUILDING OF THE ORWELL BRIDGE Charlie Sharp and Howard Morris

July/August – visit to Munnings Museum - Details to come.

September 10th at 6pm at Martlesham (Details of meeting point to follow. We shall hope to carshare as much as possible.) **VISIT TO SUFFOLK CONSTABULARY MUSEUM**

November 8th - Details to be confirmed. Rith Gitsham DIARY OF A BEEKEEPER

November 23rd – Visit to Norwich

All Saints Church

What can I see of interest in the Church building?

Part 3

14/15th Century alteration: the Porch

We have done a tour of the outside of the building in recent articles. Now I'm inviting you to step into the porch. Near the end of the 14th century, a new Lord of the Manor wanted to exhibit his piety (or perhaps his wealth and importance?) and ordered the construction of a tower to make an imposing entrance to the parish church, which until then had been a simple rectangular building. While not rare, it is not that common for the belltower and porch of a church to be combined in a single structure, but both Holbrook and neighbouring Stutton churches have this feature. The current entrance door for the main building represents the original exterior doorway, now encased by the porch.

If you look up at the ceiling of the porch, you will see a wooden hatch, through which a single bell-rope used to hang, for tolling the bell to warn of the approaching start of a service. The bell would also be tolled to announce a death in the village - a single stroke would be repeated to signify a man and a double stroke repeated for a woman. Chaucer (who was born some 40 years after our church opened) mentions this custom of the "funeral bell" in his poetry and I was really surprised to read in Warry Page's book about his childhood memories, that the custom still survived in our village into the early 20th century. Warry remembered people coming out to their garden gates to ask who had died. The village was so much smaller then and everyone knew all the inhabitants. (If you have never read his book, do try to see a copy - perhaps they have one at The Hold - because it is a fascinating picture of Holbrook life before the age of tarmac roads and motorcars.)

The outside corners of the porch are strengthened with some of the few solid blocks of stone in the entire building - imported from outside Suffolk, of course - and I'm told by those who know these things, that the decoration in the porch ceiling is finer craftsmanship than anything in the main body of the church.

Church porches came to have great significance in earlier centuries. In the Middle Ages, wedding ceremonies began in the porch, with the couple exchanging their vows and placing the wedding ring on the bride's finger before the couple entered the church itself, as husband and wife, for their Wedding Mass. And I remember when doing some research many years back in the old Ipswich Records Office, seeing a couple of old wills from Holbrook. Beneath the signatures and dates were the words, "Signed this day in the porch at Holbrook Church." A church porch was seen as the place of integrity where oaths could be sworn before God, so you would meet the notary there to swear and witness to legal documents.

The two windows are identical in size and shape, but you will observe that the one on the East side has an edging of yellow glass, while the West window has plain glass. To the best of my knowledge, the yellow glass is the original medieval glass as the East window was only exposed to the elements for less than 100 years. It became an interior window when the church was enlarged by the addition of the South Aisle, while its partner has been exposed to bitter frosts and the attacks of storm-blown twigs and branches down the centuries and not infrequently has had to have broken glass replaced. The addition of the South Aisle will be the subject of my next article. Meanwhile just note the lovely slate window box holding the flower display, purchased in memory of Mary Martin, long-time resident of Holbrook and daughter of the Rectory, when it was still sited in Freston Street, as it was when I moved here in 1975.

Cynthia Anderson.

HOLBROOK BOWLS CLUB

These notes have to be sadly largely devoted to the passing of our longest serving member by some distance. Bob Hughes joined the Club in 1977 so has been a member for the best part of 50 years. His lengthy membership was always handy at Committee meetings when he could be relied upon to provide chapter and verse on matters and events that had arisen many years ago.

Magnanimous in defeat or victory , he won several Club competitions over the years and was a member of some trophy winning teams. Bob was a hugely respected figure , not only at Holbrook , but at many greens across the County and his gentle and calm personality will be missed far and wide. He kindly requested that all collection money at his funeral should be directed to Club funds and this resulted in over £160 for our Treasurer. He also wanted his ashes to be scattered on our Green which indicated the affection which he had for the Club over many years.

The Club extends its condolences to Janet and the family.

We recently had our annual Spring meeting when the arrangements for the forthcoming season were discussed. The Club have entered 4 Leagues and this should make it possible for members, who wish to play competitively to play 2 matches per week.

Our pre-season meal is a fish and chip supper in the Pavilion on 11 April with our opening Drive on Saturday 13 April.

On an entirely personal note, I would like to take this opportunity to thank the many members of the Club for their kind messages of support, condolences and cards upon the recent passing of my wife, MIlie

Peter Cloke



Shotley Peninsula Branch

Dixxes of St. Edmundsbury & Ipswich

Suzanne who gave precious Olive leaves.

Friday 1st March WDP at 2 pm at Methodist Church Holbrook was very moving and well supported. Sue led our praise and 15 different voices read prayers and stories from the Christian women of Palestine who continue their witness to the love of Jesus Christ. £177.55 was sent to WDP to support their continuing work. Thanks to everyone who contributed in any way, to the Chapel for their warm welcome and to Clare, All Saints and

Wednesday 3rd April meeting at 2 pm in St Andrew's Church Room Chelmondiston. Tools With A Mission has been a part of Christian outreach locally and we are glad to have Paul Seymour to share the latest news on TWAM'S activities. Guests are welcomed to this interesting meeting. Tea and cake to follow. Donations to TWAM, including smaller tools, are most welcome.

Wednesday 1st May meeting at 2 pm in St Andrew's Church Room Chelmondiston. We welcome our Ruth Gitsham, local Bee Keeper to tell us about a Bee Keeper's Year. Guests are always welcome to come along, There's Tea and Home-baking to conclude a happy time together.

Wednesday 5th June please keep the date in your diary. We hope the rose bush to remember Pam Ross will be planted soon. Pam's gift to us of a Branch Tea Party will be held on Wednesday 3rd of July.

Wishing everyone Joy and sunshine at Easter - Christine and Margie



Lord of the Easter Garden, we celebrate the abundance of life which is your gift. May our appreciation of all we enjoy, here and now, bring praise to our bountiful God. Amen

Contacts:

Christine Ward: 01473 327697 cmward1@btinternet.com Margie Rogers: 01473 780822 margie.56@btinternet.com

Please visit: musuffolk.org.uk



WARHED

ON CALL FIREFIGHTERS

Come and join us!



#BePartOfOurFuture

REWARDI

Annual Retain Fee • Payment for calls attended Payment for weekly drills and additional training courses

IF YOU ARE.....

- · Over 18, reasonably fit and comfortable with heights
- Able to attend the station within 6 minutes of a call coming through
- Able to respond or be released from your place of work during the daytime
- · A team player with an appetite for adventure
- · Looking to serve your local community

THEN WE NEED TO TALK!!

Call in to Holbrook Fire Station, Ipswich Road



Tips for a greener Lifestyle Spring 2024

Now the weather is warmer shopping locally can be an enjoyable activity, good exercise and reduce your 'carbon footprint'. Wheeling, walking, cycling (using active transport) to visit local shops, farm shops, farmer's markets or refill stations can reduce air pollution and CO2 from fossil fuel use, and may reduce the number of times you need to travel further to shop. Buying local seasonal produce when possible further reduces your 'carbon footprint' as less energy is used to transport produce or heat greenhouses. Buying unpackaged fruit and vegetables, and using refill stations for some of your shopping helps to reduce plastic waste (which is still a problem causing plastic pollution in the environment, even though we may try to recycle some plastic). Here are some examples (you can find dates/opening times using an internet search or social media):

Holbrook Co-op, IP9 2PZ

Holbrook repair Café Refill station, Holbrook village hall, IP9 2PZ

The Woodlands Farm Shop (Potato Hut), IP9 2PT

Hollingsworths, Main Road, Chelmondiston, IP9 1HS

Harkstead Farmers Market, Harkstead village hall, IP9 1DG

Tattingstone Farmers Market, Tattingstone village hall, IP9 2ND

Stutton Community Shop, IP9 2TA

Bentley Community shop, IP9 2DW

Suffolk Food Hall, IP9 2AB

Choose Refills, pop-up @ the lay-by opposite the community centre, Capel St Mary, IP9 2ER



So, what is my carbon footprint?

If you would like to find out what your household or business carbon footprint is (and how to reduce and/or offset it) take a look at the Carbon Stewards website where you can do just that! The simple questions even allow you to calculate the footprint of individual travel

events, changes in eating habits etc.

What is the true cost of that flight?

Will it really make any difference if I eat less meat?

Here's an easy way to find out: www.climatestewards.org

How can I reduce my carbon footprint and save money?

- Turning your heating down by just 1 degree can reduce your carbon use by up to 10% (and you're unlikely to notice the difference!).
- · Turn radiators down or off in rooms you're not using.
- When driving, turn off your air-conditioning to reduce your fuel consumption.
- Driving at 60mph is a whopping 15% more fuel efficient than 70mph (and far safer too!)!

What about biodiversity? I want to protect plants & animals too! Avoid non-sustainable palm oil (our orangutan cousins will thank you!). This isn't easy as it is used in so many products, from food to cosmetics, but look for the RSPO (Roundtable on Sustainable Palm Oil)

mark when shopping or for palm-oil free products.

What can I do closer to home?

Go green on your own patch of the planet by planting flowers for pollinators and leaving some 'untidy' areas for wildlife to thrive. You could even create a hedgehog highway!

Look out for Greener
Holbrook and Babergh's
Climate Change Task Force
at our village Fete!

Where can I find out more about becoming a climate hero?

On Saturday June 1st, come and find us on the village hall green for fun, games and learning about how you can join the fight against climate change in ways that won't cost the earth but might just save you money! Will you make a pledge to change for good?

Report from Community Police Officer

Katie Jarrett

It feels like it's been a long time coming but finally there are signs of Spring. The vibrant yellow of daffodils throughout the county are beautiful. I personally much prefer the warmer weather and the lighter evenings.



Being a Community Officer allows me to mix with a wide variety of people with all sorts of different backgrounds and interesting life stories. My job is to help keep people safe. This can mean different things to different people. People who are isolated and lack support networks often find it incredibly frightening leaving their homes. During the pandemic, I was a Neighbourhood Specialist Officer in Surrey, which is very similar to the role I have now. I still had to work and during one of my shifts when people were only allowed out once a day to go shopping, I recall helping an elderly lady carry her shopping bags back to her home address. She was frightened of being out, of being vulnerable so she got more than she could carry. Some people might have the opinion that isn't a Police Officers job. I would disagree, I also recall meeting many people out and about in the parks getting their exercise and some of these people had not spoken to anyone physically for a long while. I was more than happy to chat and listen and I met some incredible people during that time. Again, some people might not that that's the role of a Police Officer, again I would disagree. There are many different facets to Policing.

I have been to visit the community café on a Monday afternoon a couple of times now. I've even been taught to play Rummy Cub (sort of). This is a fantastic place to go to meet new people and either assist in a jigsaw puzzle, play a written quiz (which was far too hard for my brain) and have a friendly chat.

Crimes of note: There have been a couple of vehicle break- ins and tools have been stolen. I appreciate it's not always convenient to empty your vans of tools but please do so when you can.



The Swan Holbrook Beer & Music Festival



The Swan Pub Garden

Saturday 15th June from 12

& Sunday 16th June from 12

Beer Tokens Available on Entry

Food available each day

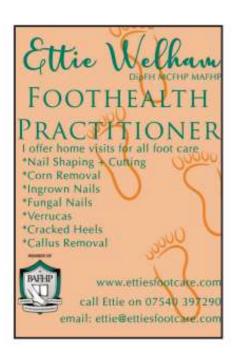




Saturday 15th June 3pm The Suffolk Slappers 7pm Tore Down

Sunday 16th June 2:30pm Max Wildwood

Please walk, bike, bus, taxi or get a lift as there is limited parking in the village. If you do drive please park responsibly & respect those who live here



DISTRIBUTORS NEEDED TO DELIVER PARISH PAPERS

Could you spare a little time to deliver the Parish Papers in The Street and Denmark Gardens? It is only a bi-monthly publication.

If you could help, please contact the Parish Clerk: clerk@holbrookparishcouncil

gov.uk



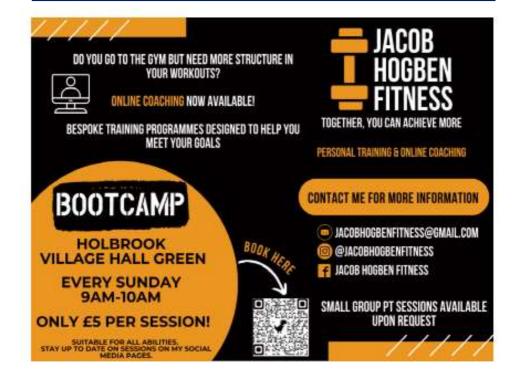
Your Parish Papers Needs YOU!

The Parish Papers needs a new editor, is this a project you could help us with?



The editor gleans articles from all organisations in the village, local clubs and councillors. Once the editor has all the articles the next step is to prepare the Parish Papers using Microsoft Word ready to be printed.

If you would like to be the new editor, please email: clerk@holbrookparishcouncil.gov.uk



WOODLANDS FARM

Potato Hut

WOODLANDS FARM HOLBROOK, IP9 2PT



YOUR LOCAL SMALL FARM SHOP, JUST OUTSIDE HOLBROOK; SELLING OUR OWN QUALITY POTATOES AND OTHER LOCAL PRODUCE.

APART FROM POTATOES, WE SELL ONIONS, LARGE FREE RANGE EGGS, SEASONAL VEGETABLES, LOCAL TRAYBAKES, LOGS AND KINDLING, HAY AND STRAW & MORE.

OPEN EVERYDAY 8am - 6:30pm

CASH & CARD ACCEPTED



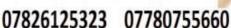




ELECTRICAL AND PROPERTY

MAINTENANCE





bbelectricalandmaintenance@gmail.com www.bbelectricalandmaintenance.co.uk

Holbrook Helpers 0333 335 5387

Here is an update from Holbrook Helpers



Holbrook Helpers – your local Good Neighbourhood Scheme covering Holbrook Lower Holbrook and Harkstead

Activity ...

HOLBROOK HELPERS CONTINUES TO OFFER HELP TO RESIDENTS WITHIN THE VILLAGE. THIS MIGHT BE FOR SHOPPING, COLLECTING PRESCRIPTIONS OR FOR LIFTS TO MEDICAL APPOINTMENTS. IF YOU WOULD LIKE TO HELP WITH ANY OF THESE THINGS, PLEASE CONTACT; HOLBROOKHELPERS®YAHOO.COM

Little Free Pantries...

"Give what you can and take what you need" was the concept for the setting up the Little Free Pantries (outside the Village Hall and St Mary's).

The cost of living crisis has not abated and we really do need the community to contribute what they can to the pantries, in the hope that this reaches local families. If you are sorting through your cupboards and find food (non perishable) or hygiene products that are surplus to your needs, please do consider gifting these to the pantries.

Holbrook Helpers Committee holbrookhelpers@yahoo.com

Report for March 2024 from Simon Harley

Council Budget for 2024-25

At Council on 15 February, Suffolk councillors met to discuss and vote on the administration's budget proposals. The council is borrowing heavily from its reserves to meet the growing demand for social care for adults and children, and council tax is due to rise by £74 annually for Band D properties from April this year. There will also be cuts to Family Hubs (children's centres) and Housing Related Support, which supports vulnerable people like care leavers to find accommodation. Funding for arts and museums will be maintained for 2024-25 but not from SCC core funding, and subject to a bidding process for grants from April 2025. The Bury St Edmunds local archives will be moved to The Hold in Ipswich, which like the arts funding cuts has been controversial locally. My group were concerned about the lack of core funding from Suffolk County Council to arts and museums, as this is how they secure funding from other sources, and we proposed an amendment to this effect. We also suggested that some of the council's remaining Covid funding from the government be used to support young people not in education, employment or training, as this cohort had suffered a lot of upheaval in their final years of schooling and exams. Support for young people not in education, employment and training is one of the services that is due to be cut in the administration's budget plans. Our amendment was declined by the Conservatives, as was the Labour amendment which also proposed to reverse some of the planned cuts.

Ofsted/CQC SEND Inspection Report

As you may have read in the local press, Ofsted and CQC published their joint report into SEND services in Suffolk at the beginning of the month. The report was scathing about the county's SEND provision and detailed the failures of the council to communicate and work with parents and carers, improve the EHCP and annual review processes and waiting times, improve outcomes and reduce exclusions. My group was disappointed and concerned that the services are yet to get to grips with improving a service that has now received a third poor inspection result in a row and we offered our assistance to the Local Area Partnership (Suffolk County Council and NHS teams) in preparing the Priority Action Plan they now need to submit to Ofsted and CQC by 7 March.

The poor report led to the resignation of the Cabinet members for SEND, Education and Children's Services and prompted a reshuffle of the political leadership at the council. This report will be devastating for parents of children with special needs in Suffolk, and the council will need to work hard to make improvements quickly and build back trust.

Suffolk Devolution in Sight

Devolution is something there has been a lot of talk about in Suffolk in recent years, and it looks like it may be happening from 2025. The deal the government is offering Suffolk is the same as the one for Norfolk and would give the county more freedom on decisions and funding for transport, skills and adult education, regenerating brownfield sites and retrofitting homes to make them more energy-efficient. If the deal is approved, the leader of Suffolk County Council would be directly elected by the people of Suffolk - every four years, residents will be given two votes, to elect their local county councillor AND the leader of the county council. The first election would take place in May 2025. The council will be consulting on the deal soon and residents will be able to give their opinions on the changes proposed. For more information, see https://www.suffolk.gov.uk/council-and-democracy/devolution

Devolution Deal is out for Public Consultation from 18th March for 10 weeks - take part!

Changes to Local Archives

Following the recent controversial proposal in the county council's budget to move local records from Bury St Edmunds to The Hold in Ipswich, the council have announced that that they will be inviting community representatives from both Lowestoft and Bury St Edmund's to form two new Working Parties to consider local access to historical material. This could allow relevant collections to remain in the local area, but any proposals would need to be funded locally rather than by Suffolk County Council. This is not a reversal of the council's decision, and the majority of the records are still planned to move to The Hold, with the North-East and West Suffolk branches of the archive service to close

Money available for local Highways Signs!

A small pot of money has been made available to County Councillors to help the repair and replacement of damaged/lost signs on the Highway. This applies to all official Highways signs, I believe. The funds have to be committed by December 2024 so if you are away of any signs you want repaired please report this on the Highways reporting tool then email me the reference and I will try to get them done more speedily.

Cost of Living help and advice:

https://infolink.suffolk.gov.uk/kb5/suffolk/infolink/family.page?familychannel=6 Benefits advice and support:

https://infolink.suffolk.gov.uk/kb5/suffolk/infolink/adult.page?adultchannel=0

Flood preparation advice: https://www.suffolk.gov.uk/suffolk-fire-and-rescue-service/fire-and-rescue-safety-advice-in-the-community/preparing-for-flooding Flood recovery advice and support: https://www.suffolk.gov.uk/about/flood-recovery-information-for-suffolk

Simon Harley Suffolk County Councillor for Peninsula Division Email: simon.harley@suffolk.gov.uk



Ultimate Frisbee players wanted!

We currently play every Tuesday evening in Holbrook from 7:30pm A really fun team game to play outdoors (and currently indoors) — a non-contact, mixed sex sport, which is a bit like a cross between Netball and American Football, played with a frisbee.

New players are always welcome (adults only).

WHATSAPP / CALL / TEXT DAN ON 07958 970155 IF YOU'RE INTERESTED IN JOINING US.

All Saints Church, Holbrook

tworiversbenefice.org

Rev Jenny Seggar - Rector - <u>rector2rivers@outlook.com</u> - 01473 327951 - 07733 195866

The Rectory, 15 Denmark Gardens, Holbrook, Ipswich, Suffolk IP9 2BG **Amanda Bloomfield** - Benefice Administrator - benefice2rivers@outlook.com - 07552 445731

Flowers don't worry about how they're going to bloom. They just turn toward the Light and open up and that makes them beautiful. Let the Lord warm your heart and fill you with hope.

We would be grateful if you could continue to pray daily for the conflict in Ukraine and in Gaza, for peace and an end to the conflict. We continue to pray for all the Ukrainian families settling on the peninsula.

All Saints is open for private prayer and reflection every day if you need space from the confusion of these troubling times.

Live streamed services from the Cathedral are available via our website: tworiversbenefice.org

Planned Services for April 2024

Thursday 4th April

9.00am Weekday Holy Communion –

Woolverstone

Sunday 7th April 9.30am Holy

Communion – Woolverstone

11.00am Worship 4 All – Stutton Village Hall

11.00am Morning Prayer – Freston

4.00pmWinter Warmers Tea with a short

reflective service - Holbrook.

Eco Group meets at 2.15pm in the churchyard.

Thursday 11th April 9.00am Weekday Holy Communion –

Woolverstone

Sunday 14th April 9.30amHoly Communion with Baptism – Stutton

11.00am Morning Prayer – Holbrook

11.00am Holy Communion – Wherstead

11.00am Baptism – Woolverstone

Thursday 18th April 9.00am Weekday Holy Communion –

Woolverstone

Sunday 21st April 11.00amHoly Communion - Freston

11.00am Morning Prayer – Woolverstone

4.00pmWorship 4 Families – Holbrook

Thursday 25th April 9.00am Weekday Holy Communion –

Woolverstone

Sunday 28th April 9.30amHoly Communion – Holbrook

9.30amMorning Prayer – Stutton

11.00amMorning Prayer – Wherstead

Planned Services for May 2024

Thursday 2nd May 9.00am Weekday Holy Communion –

Woolverstone

Sunday 5th May 9.30amHoly Communion – Woolverstone **Rogation Sunday** 11.00amWorship 4 All – Stutton Village Hall

11.00amMorning Prayer – Freston

2.00pm Beating the Bounds - Holbrook

4.00pmAfternoon Tea with a short reflective

service – Holbrook

Eco Group meets at 2.15pm in the churchyard

Thursday 9th May 7.30pm Ascension Day Communion –

Holbrook

Sunday 12th May 9.30am Holy Communion – Stutton

11.00amMatins – Holbrook

3.00pm Rogation Service - Wherstead

Thursday 16th May 9.00am Weekday Holy Communion –

Woolverstone

Sunday 19th May

Pentecost

11.00am Holy Communion - Freston

11.00am Morning Prayer – Woolverstone

4.00pmWorship 4 Families - Holbrook 1

Thursday 23rd May 9.00am Weekday Holy Communion –

Woolverstone

Sunday 26th May 9.30amHoly Communion – Holbrook

9.30amMorning Prayer – Stutton

11.00amHoly Communion - Wherstead

As circumstances can change at any time, please check on our website <u>www.tworiversbenefice.org</u> or the church notice boards for the most up-to-date information.

In Our Prayers...

Our deepest sympathies and prayers are with the families of Patrick Goodchild, Peter Gant and Millie Cloke - greatly loved and deeply missed.

We pray for streets in Holbrook each Sunday, along with our Methodist friends. We join with all the prayers, joys and concerns posted on the prayer board at the back of the church.

What's on...

Saturday 13th April - Church and Churchyard Spring Clean from 10.00am – 4.00pm. Come and help us give our beautiful church and churchyard some loving care. If you would like more information, please call churchwardens: Ruth Gitsham 787259 & Norma Rooke 327379 or email: allsaintsevents@outlook.com

The Parish Pantry at the back of All Saints church. You will find a cupboard of staple food items available for whoever needs them. Please come and take what you need and put in what you can – no obligation.

Shotley Peninsula Mothers' Union – For more information and the latest meetings, contact Christine Ward 327697.

Your Holbrook Community Café

The café operates in the Methodist Chapel (opposite the Co-Op) on Wednesdays 10.30am-3.30pm. It is open to anyone who would like to come. Come and enjoy a friendly atmosphere, tea, coffee, cakes puzzles, books. There is no charge but donations are welcome towards the running costs. Help is always welcome too. This can include helping set up, making hot drinks, serving, clearing, and loading dishwasher. Maybe you could make cakes or soups for the café? Come on a Wednesday and meet your neighbours and chat, and if you are inclined to help, have a cuppa and speak to one of the coordinators or email suzie.fiske@googlemail.com

From the Rectory ...

Dear Friends

As I write this, I note from my newsfeed, that the Sunday Times has voted the Shotley Penninsula one of the best places to live in the UK. I agree, we are very fortunate, we have a cluster of lovely supportive communities, in a picturesque setting and the appearance of comfort. I am very aware that this is not the case for everybody, and we have worked hard with our brothers and sisters at the Methodist church to set up our community cafes, and the Parish Pantry in the church to help alleviate need and loneliness. Our Parish Pantry is designed to support the small pantries which are around the village, it is well used and regularly stocked by donations. If you wish to donate we do have a 'bin' in the church porch.

We are looking forward to a busy summer, with lots going on at church. We now have a service every week, having just launched a new family service on the 3rd Sunday of the month at 4.00 – it compliments Messy Church and is designed for all family members to socialise, worship and explore together. It is informal and relaxed, with refreshment and fun available throughout the afternoon. Our other informal service is our Afternoon Tea with prayer on the first Sunday at the same time – this is a lovely social gathering finishing off with a short informal time of prayer at the end. We invite you to come and try out both of these services – details of which are on the website www.tworiversbenefice.org.

We look forward to seeing you.

Blessings

Revd Jenny Seggar

Two Rivers Benefice



We have opened a Parish Pantry in All Saints Church, run on the same basis as the Little Free Pantries in the village.

Please take what you need and give what you can. Donations of canned food or packets with a long shelf life, or toiletries, can be left at the church. The Pantry is open whenever the church is, so everyday from 10am to 4pm, but often longer.

If our 'Church is Open' sign is outside, the Pantry is open too.

Church & Churchyard Spring Clean at All Saints

Saturday 13th April from 10am - 4pm

Come and help us to give our beautiful church a good spring clean inside, the churchyard a trim and clear up and scrape

a bit of moss off the building.

There will be coffee and tea, soup and bacon butties to keep your energy levels up. Please bring your tools.

If you could help with either the inside of the church or the churchyard outside or if you would like more information, please call churchwardens: Ruth Gitsham 787259 & Norma Rooke 327379 or email: allsaintsevents@outlook.com

News from Mary McLarenBabergh District Councillor

"We cannot solve problems with the same thinking we used to create them." Albert Einstein



Difficult challenges, ahead for Babergh District Council but it is clear in its determination to create a more resilient and sustainable future for its residents despite severe financial pressures.

In February, Babergh District Council agreed to the 2024/2025 budget which includes an increase to the district's share of council tax bills of 2.99%. In practical terms a Band D home will rise from £182.64 to £188.10 per year - an increase of 10p per week. Babergh keeps only 9% of the bill with the rest going to Suffolk County Council, the Police and Crime Commissioner and town and parish councils. The latest figures show the cost of providing district council services to residents will rise by £1.6m to £14.1m in the next year. An increase of 12.8%.

This is mainly due to inflationary pressures, particularly interest rates, energy and salary costs while there has also been a reduction in planning fees as potential development continues to slow due to the economic downturn. Government funding has increased by only 3.4%.

Babergh closed its budget gap this year with the use of earmarked reserves but we must save £6.7m over the next four years. We have only £2.4m reserves available so we have to be responsible and make tough choices.

The council has increased fees and charges to reflect the actual cost of providing licences and services, and a savings programme is also expected to achieve savings of £540k.

Council Tenants will see a 7.7% increase in rents. This will ensure the necessary investment in repairs and maintenance across councils social housing stock. The average weekly social rent will increase by £7.92 from £102.88 to £110.81. For affordable housing, weekly rents will increase from £144.51 to £155.63.

Babergh District Council provides advice and support to those struggling to pay their bills with a council tax reduction of up to 100% for residents on lower incomes.

Tele 0300 123 4000 Monday to Friday

www.babergh.gov.uk/web/babergh/cost-of-living

www.babergh.gov.uk/w/household-support-fund

www.babergh.gov.uk/food-and-essentials

Tax premiums agreed for owners of second homes and empty properties.

There is a desperate shortage of houses available for single people and families whether social renting or private renting. There are almost 600 empty properties across Babergh which could be used to meet our critical housing need. Under new legislation councils will target empty properties after just one year from April 2024 and impose a levy on second homes from April 2025. Owners who have left properties empty after one year - the premium will go up to 100%. Owners who have left properties empty for five years or more the premium will go up to 200%. Similarly for properties left empty for 10 years the premium will go up to 300%. Owners of second homes will see their Council Tax doubled from April 2025.

Mary McLaren

Mary.McLaren@babergh.gov.uk

March 2024

Local Bus Service 92

Ipswich to Manningtree Manningtree to Ipswich

92

Ipswich | Holbrook | Stutton | Brantham | Manningtree

Codes	Sch	Sch.	Nsch					
Service Number	92	92	92	92	92	92	92	. 5
lpswich, Old Cattle Market Stand J	0803	1	0825	1025	1225	1425	1635	17
Ipswich, Rail station, Burrell Road [R4]	-	-	0829	1029	1229	1429	1639	12
Ipswich, Bourne Bridge	0815	-	0835	1035	1235	1435	1645	17
Freston, The Boot PH	0819	_	0840	1040	1240	1440	1650	175
Halbrook, Compassess PH	0823	-96	0646	1046	1245	1446	1656	180
Halbrook, Royal Hospital School	0826	-	0849	1049	1249	1449	1659	180
Stutton, Kings Head PH	0830	-	0853	1053	1253	1453	1703	1808
Brantham, Bull PH	0836	-	0859	1059	1259	1459	1709	181
East Berghalt High School	-	0858	-	-	-	-	-	-
Brantham, Brooklands School	0841	0904	0904	1104	1304	1504	1714	1819
Cattawade, Sip Road	0846	0907	0907	1107	1307	1507	1717	1822
East Berghalt High School	0853	_	-	1000	- 111	-	-	-
Manningtree, Long Road B1352	-	0911	0911	1111	1311	1511	1721	1826
Manningtree, Bendalls Court	_	0915	0915	1115	1315	1515	1725	1830

6.0

Manningtree | Brantham | Stutton | Holbrook | Ipswich

Codes	N5	SO				Nsch	Sch		
Service Number	92	92	92	92	92	92	92	92	92
Manningtree, Bendalis Court	0709	0735	0920	1120	1320	1520	1520	1730	1830
Manningtree, Rail Station A137 rdbt	0711	0737	0922	1122	1322	1522	1522	1732	1832
East Berghalt High School		VICTOR	-	THE	-	-	1545	-	THE REAL PROPERTY.
Cattawade, Sip Road	0715	0741	0931	1131	1331	1531	1549	1741	1836
Brantham, Brooklands School	0718	0744	0934	1134	1334	1534	1552	1744	1839
Brantham, Bull PH	0723	0749	0939	1139	1339	1539	1557	1749	1844
Stutton, Kings Head PH	0728	0754	0944	1144	1344	1544	1602	1754	1849
Halbrook, Royal Hospital School	0731	0757	0947	1347	1347	1547	1605	1757	1852
Halbrook, Compassess PH	0734	0800	0950	1150	1350	1.550	8081	1800	1855
Freston, The Boot PH	0740	0806	0956	1155	1356	1556	1614	1806	1901
Ipswich, Bourne Bridge	0744	0810	1000	1200	1400	1600	1618	1810	1905
pswich, Rail station, Forecourt [R1]	0754	0816	1006	1206	1406	1606	1624	1816	1911
pswich, Old Cattle Market Stand J	0800	0822	1012	1212	1412	1612	1630	1622	1915

N. D. MULLETT Plumbing & Heating Ltd

Your **Local** Plumbing and Heating Specialist

Oil Boilers and
Central Heating Systems
Replacement oil tank services
C/H System Upgrades
New Bathrooms/Showers
Water Softeners
Free Estimates/advice





Tel: 07721026934 or 01473 788999

E-mail: nathaniel.mullett@lineone.net www.mullettplumbingandheating.co.uk



FORESTRY
FENCING
LANDSCAPING
DIGGER WORK
PATIOS & DRIVEWAYS
HEDGING
FIREWOOD

AbbottsForestry.co.uk 07515162573 / 01473 328017

Can you help Mama Mouse?

All Saints Church has been home to families of mice for generations and Mama Mouse's babies like to play 'hide-and-seek' inside the church and Mama Mouse needs help to find them. The mice could be hiding in the nave, the chancel, the north or south aisles, on the pews, font or even the pulpit!

If you are passing the church and would like to help Mama Mouse? Please drop in and look for the basket under the font and a note on what to do.

HOLBROOK METHODIST CHURCH

Greetings from everyone at The Chapel.

Opposite the Co-op, in The Street, Holbrook, Ipswich IP92PZ. **Minister: Rev. Steve Mann**, 8 Roundridge Road, Capel St. Mary, Ipswich IP9 2UG. Telephone: 01473 311178 email: irmaminister@methodistic.org.uk

STAY IN TOUCH

See the new information on our chapel notice board and in our weekly 'chapel notices' (available on line or in printed form). The Community Café is operating through Spring, and the days that the Chapel is open are advertised around the village and below in the church calendar.

AP	RII	_ 2	024

Wednesday 3rd Community Café between 10.30 am and

3.30 pm. On the first Wednesday of each month the Computer Skills team from

Babergh Council will be at the Chapel in the afternoon. Look for the posters around the village. The team are on hand to help you improve your computer skills, work with mobile phones and any other devices you might have. Come along and see how they

can help you.

Saturday 6th Coffee Morning between 10 and 11.30 am –

run by the Parish Church at the Chapel.

Communion Service at 10 am with Rev.

Sunday 7th Steve Mann Monday 8th

Tea and Chat Community Café between 2

and 4 pm

Wednesday 10th Community Café between 10.30 am and 3.30 pm

Sunday 14th Morning Worship at 10 am with Stephen

Bolton

Monday 15th Tea and Chat Community Café between 2

and 4 pm

Wednesday 17th KNIT IN Community Café between 10.30

am and 3.30 pm

Friday 19th Messy Church between 3.30 and 5 pm Morning Worship at 10 am with Colin

Westren

Monday 22nd Tea and Chat Community Café between 2

and 4 pm

Wednesday 24th Community Café between 10.30 am and

3.30 pm

Sunday 28th Morning Worship at 10 am with the Worship

Team

Monday 29th Tea and Chat Community Café between 2

and 4 pm

MAY 2024

Wednesday 1st Community Café between 10.30 am and

3.30 pm with the Computer Club in

the afternoon

Saturday 4th Coffee Morning between 10 and 11.30 am

for Christian Aid.

Sunday 5th Communion Service at 10 am with Rev.

Paulson Devasahayam

Monday 6th No Tea and Chat – Bank Holiday

Wednesday 8th Community Café between 10.30 am and

3.30 pm

Friday 10th Messy Church between 3.30 and 5 pm **Sunday 12th** Morning Worship at 10 am with Chris

Finbow

Monday 13th Tea and Chat Community Café between 2

and 4 pm

Wednesday 15th KNIT IN Community Café between 10.30

am and 3.30 pm

Sunday 19th Pentecost Sunday Service at 10 am with

the Worship Team

Monday 20th Tea and Chat Community Café between 2

and 4 pm

Wednesday 22nd Community Café between 10.30 am and

3.30 pm

Sunday 26th Morning Worship at 10 am with Paul Walker Monday 27th Tea and Chat Community Café between 2

and 4 pm

Wednesday 29th Community Café between 10.30 am and

3.30 pm

As the weather improves we invite you to come along to any of the Community Café events throughout April and May. These are 'welcome spaces' for you.....

The Chapel is a living building that serves many folk throughout the week in all sorts of ways. Some of those ways are listed below:

Whether you are wanting to **Worship** on a Sunday; have lots of fun with the whole family at '**Messy Church**'; enjoy a cuppa, cake, chat and a quiz or two at '**Tea and Chat Drop In**'; bring your knitting, crochet, needlecraft (or just yourself) and be with friends for the morning, lunch and afternoon at the '**Knit In**' and the other **Community Cafes** throughout the month; or coffee/tea and cake at the 1st Saturday '**Coffee Morning**'.

the door is open to you. Don't be lonely in Holbrook.

From Holbrook Methodist Church



On the other side of Easter

Due to editorial deadlines I am writing this a few weeks before Easter and, most likely, you are reading it in April on the other side of Easter. If that is the case, may I begin by saying Happy Easter to you!

Chances are that the before and after of Easter aren't much difference for us. It's not like Christmas where the average person comes out the other side with more debt on their credit card and a few more inches on their waistline. Worst case scenario for Easter is a greater concentration of chocolate in your blood stream. There is, however, one group of people for whom the before and after of Easter was hugely significant.

The celebration of Easter as the resurrection of Jesus begins 2000 or so years ago with the historical account that we read in the Bible. First, there is the crucifixion – Jesus being nailed to a cross and left to die in horrific fashion. But then, when people go to visit the tomb in which he was put to rest, they find it empty. A tomb, by the way, that was guarded by Roman soldiers just in case anyone tried any funny business. Not only was his dead body gone from the tomb but, shortly afterwards, the living Jesus began to appear to the disciples. This was no hallucination. He could be touched by people and even, on one occasion, cooked them breakfast. All this went on, according to the Biblical account, for 40 days and to more than 500 people in total.

For his disciples, therefore, the contrast between the before and the after could not have been greater. Immediately before the crucifixion, and in its aftermath, they are broken men and women. When Jesus is arrested there is pandemonium. Peter forgets everything that Jesus taught them about non-violence and takes a sword to one of the arresting party. He also goes on, when confronted later, to deny he ever knew Jesus. The other disciples scatter. The next time we meet them collectively it is huddled together behind securely locked doors for

fear that the authorities would come for them as they had for Jesus. Fear, anxiety, despair and disillusionment are words that capture perfectly how they are feeling.

And then, everything changes. Psychologically they are completely flipped around. They had believed that Jesus and all that he stood for had ended in abject failure. They had believed that all their hopes and dreams were gone. Now, suddenly, they are transformed into people emboldened to tell anyone and everyone that Jesus is alive. They are no longer afraid of the authorities. They aren't afraid to go on arduous and life-threatening journeys out into the wider world which will, ultimately, take the news to the ends of the earth. They aren't afraid to die for their cause.

When people ask for 'proof' of the resurrection of Jesus, this before and after, for me, is one of the strongest pieces of evidence. There is no logical reason for them to change so dramatically unless unless the story they are spreading is actually true. In my life too, and in the lives of countless other Christians, we can also point to a before and after that is all about meeting with the risen Jesus. It's food for thought and if it's not something you have thought about before then why not now? It could be the before and after that you need to completely turn your world around.

Steve

Minister Rev Steve Mann (Minister at Holbrook Methodist Church)
8 Roundridge Rd, Capel St Mary, Ipswich IP9 2UG

Email: irreaminister@methodistic.org.uk, Tel: 01473 311178

Email: irmaminister@methodistic.org.uk Tel: 01473 311178

CONGRATULATIONS

£2046.75 was raised on Saturday 23rd March for The Cro Kids charity supporting Leukaemia UK.



Reade Field Monthly Lottery Winners

February Winners

1st J Stebbings £20.50 2nd S McLean £12.30

3rd B Woodmason £8.20

March Winners

1st A Wright £20.50 2nd E Soar £12.30

3rd P Kent £8.20



LOCAL, FULLY QUALIFIED FOOT CARE & PEDICURE AVAILABLE IN THE COMFORT AND SAFETY OF YOUR HOME

£5 off your first treatment please mention this magazine

BOOK YOUR APPOINTMENT TODAY

Telephone: 07801 596720 hannahgentile@hotmail.co.uk

FIND US ON forebook Instagram

GVK Chimney Sweeps Ltd

Chimney sweep and stove servicing

01473 787557 - 07830 512701 www.gvkchimneysweeps.co.uk gordy@gvkchimneysweeps.co.uk

Based in Shotley



Our partner





www.ipswichfirewood.co.uk







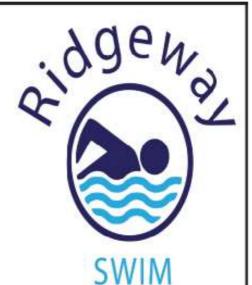


Indoor Heated Pool in Woolverstone Ideal for exercise, rehab or a relaxing swim. Available to hire for private swim sessions. Suitable for groups of up to 4 adults.

> Please bring a friend: As there is no lifeguard on duty, lone swimming is not permitted. Advance bookings only.

For more information or to book please visit www.ridgewayswim.co.uk

Or call 07936 439916



Essex & suffolk APPEST SOLUTIONS

Your local pest control experts for home & business

- · Free advice, fast response
- Highly accredited (NPTA)
- Fully qualified & insured
- · Discreet & confidential

Tel: 01473 328092 (Holbrook)

Email: info@eandspestsolutions.co.uk



OSTEOPATH

ABBEY VIEW
RECTORY HILL
EAST BERGHOLT
SUFFOLK
CO7 6TG
Tel.01206 299027

Mobile: 07919 101099 susie.kramers@gmail.com

New times for Holbrook and Shotley Surgeries and Dispensaries.

Holbrook: 01473 328263

Monday to Wednesday 08:00 - 17:00 (dispensary closed 1-2pm)

Thursday 08:00 - 12:30

Friday 08:00 - 18:30 (dispensary closed 1-2pm)

Shotley: 01473 787435

Monday to Thursday 08:00 - 18:30 (dispensary closed 1-2pm)

Friday 08:00 - 12:30

Any queries please can patients phone to speak to reception in first instance.

Good neighbours schemes are supporting patients to get prescription if they can't attend the surgery.

Call 111 for emergency medical matters.

Babergh's Home, But Not Alone helpline: Freephone 0800 876 6926

Local Shop Opening Times

HOLBROOK CO-OP

Monday	07:00 - 22:00	Tuesday	07:00 - 22:00
Wednesday	07:00 - 22:00	Thursday	07:00 - 22:00
Friday	07:00 - 22:00	Saturday	07:00 - 22:00

Sunday 10:00 - 16:00

WOODYS BUTCHERS

Tuesday - Friday: 09:00 - 17:30 Closed for lunch 13.00-13.45

Saturday: 09:00 - 16:00 Closed Sunday and Monday.

HOLBROOK POST OFFICE, AT THE CO-OP

Monday, 09:00 - 12:30, 13:30 - 18:00

Tuesday Closed Wednesday, 10:00 - 14:00

Sunday Closed Thursday, Closed

Friday, 09:00 - 12:30, 13:30 - 17:30

Saturday, 10:00 - 12:30

WOODLANDS FARM - Potato Hut

WOODLANDS FARM, HOLBROOK, IP9 2PT

YOUR LOCAL SMALL FARM SHOP, JUST ON THE EDGE HOLBROOK, SELLING OUR OWN QUALITY POTATOES AND OTHER LOCAL PRODUCE.

OPEN EVERYDAY 8am - 6:30pm

For a fast, friendly and very local service



Collins Skiphire

www.collins-skiphire.co.uk

01473 327 596

Holbrook Contacts

All Saints Parish Church

Services vary, please see village bulletin board for details or the church pages in this issue.

Rector: Rev Jenny Seggar Curate: Rev Duncan Myatt

Administrator: Amanda Bloomfield

The church is open every day for quiet reflection.

Church Activities: Bell ringing, Fellowship groups, Books for sale or

swap, Comfort Corner, Children's play area, Parish Pantry,

Drop off point for FIND (Families in Need Charity)

Holbrook Methodist Church

Sundays at 10am Minister: Rev Steve Mann

Church Activities: 'Something Different' Evening worship, regular coffee mornings.

fellowship meetings, Tea & Chat

Churches Together Joint Activities

Holy communion for the elderly at the Care Homes, Messy Church, Community Spaces

Holy Family Roman Catholic Church

Fr. Christopher Smith – Tel: 01473 684963

The Orthodox Church of St. Cosmas and St. Damian

Fr. John Garnett Tel.01473 327708

Social Interest Groups

British Legion: Stanley Last - 01473 328865

The Holbrook Society: Suzanne Steer – 01473 327166

www.holbrooksociety.strikingly.com

Rural Coffee Caravan:

www.ruralcoffeecaravan.org.uk

Alton Belles WI: Jane Connell-Smith, 07798 752147

<u>mjanecs@yahoo.co.uk</u> covering Holbrook, and all villages around Alton Water.

Children & Youth Groups

Cabin Club/Pre-school: 01473 328414

Cubs and Scouts: Adrian Garnham 07955 258079

adriangarnham53@gmail.com

www.samfordvalley.suffolkscouts.org.uk

Holbrook Brownies: Alison Swallow girlguiding.org.uk

Police non-emergency: NON-emergency 101. Police HQ enquiries

01473 613500

Water & Sewage: Emergencies & queries 03457145 Reporting leaks

0800 771881

Power: Emergencies/Power cuts: 105/0800 316 3105 from mobile

0333 323 2105

www.powercut105.com

Holbrook Surgery: 01473 328263

Holbrook Parish Council: Parish Clerk: Jo Hazelwood 01473 327663

clerk@holbrookparishcouncil.gov.uk https://holbrookparishcouncil.gov.uk

Chairman: John Ambrose - 01473 328815 johnambrose@holbrookparishcouncil.gov.uk

Community First Responders: Adrian Garnham 07955 258079

stutton.responders@gmail.com

Village Hall Bookings: holbrookvh@gmail.com Babergh DC Bin Collection: 01449 778678

www.babergh.gov.uk/waste-services

Parish Papers: clerk@holbrookparishcouncil.gov.uk

Sporting & Fitness Groups

Holbrook Harriers Juniors: Mike Hallows – 07971 669959 **Holbrook Hornets FC:** Martin O'Leary – 07824 343635

Steel Quoits: Richard Abbott - 01473 328017

Shotley Peninsula Cycling Campaign: www.spcc.info

Swimming Club: www.SPSC@btinternet.com

Community Speed Watch Group: Ian Bowell, coordinator,

ian.bowell@icloud.com

HolbrookTennis Club: Andrew Woodger 07977192906

Yoga: Cathie Shuster – 01728 47001 cathieshuster@hotmail.co.uk

Leisure & Interest Groups

Art Group: Rita Suckling - 01473 328257

Emma Graham - 01473 787721

Bowls Club: Derek Harper - 01473 327505 derek.58.dh@gmail.com

Dog Training: Lynn Riddell 07786 415948

Friends of All Saints Church: Linda Holmes – 01206 397006

Holbrook & District Flower Club: Mrs Sheila Cooper: 01473 780516

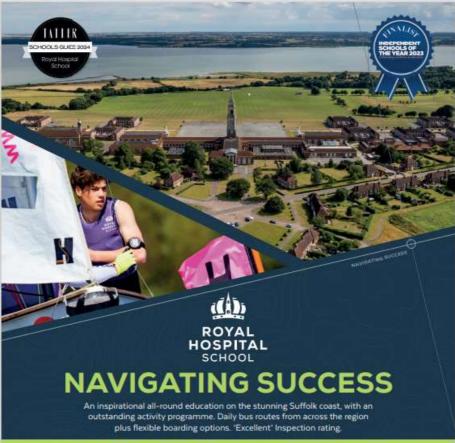
Holbrook Boat Owners Association: John Stebbings – 01473

328590

holbrookcreek@gmail.com

Peninsula Amenities

Harwich Harbour Foot Ferry: www.harwichharbourferry.com



JOIN US FOR OUR OPEN MORNING 27 APRIL 2024 OR BOOK A PRIVATE VISIT

Scholarships and Bursaries available ROYALHOSPITALSCHOOL.ORG





THE PINK SHED

BEAUTICIANS

- Novalash Extensions
- Tinting
- Gel Bottle Gels
- Manicures
- Pedicures
- Spray Tan
- Waxing
- Exfoliation
- Massage
- · Callus Peel

- Elemis Facials
- Biotec Elemis Facials
- Dermaplaning
- Threading
- HD Brows & Brow Lamination
- Microneedling
- Dr for Aesthetic Treatments
- Gift Vouchers



online booking available www.thepinkshedbeauty.co.uk

or call us on **01473 515129**

Located in Brantham with free parking overlooking the River Stour.



The Pink Shed

9 Court Farm, Brantham, CO11 1PW Tel: 01473 515129 www.thepinkshedbeauty.co.uk