

PARISH PAPERS

BI-MONTHLY NEWS FROM THE PARISH OF HOLBROOK



SURGERY NEWS

DISTRIBUTORS FOR P/PAPERS

HOLBROOK FILM NIGHTS

VILLAGE MEALS

SWAN BEER FESTIVAL

June and July 2024 Edition

Holbrook Film Nights

presents



The story follows two neighbours: deeply-conservative local Edith Swan and rowdy Irish migrant Rose Gooding. When Edith and fellow residents begin to receive wicked letters full of hilarious profanities, foul-mouthed Rose is charged with the crime. However, as the town's women, led by Police Officer Gladys Moss, begin to investigate the crime themselves, they suspect that something is amiss and Rose might not be the culprit after all.



Friday 19 July
Holbrook Village Hall

Doors open at 7.00pm - film starts at 7.30pm

Tickets on the door:
Adults £5 - Under 12's £2.50

Holbrook Film Nights Disclaimer: Adults are responsible for making sure the film is suitable for their children and that the age rating is respected.

Holbrook Parish Papers

It's your Parish Papers, so come on, help us make it work!

Support your village...



We are going to need contributions from anyone who's got something to say about what's happening in our village, schools, clubs, village organisations, sports clubs.

But we do need ads and articles by a minimum of 10 days before the end of July for the August/September issue.

Parish Papers are bi monthly, so issues for 2024 are as follows:

August/September, October/November, December/January.

All articles, emails and photos should be sent to:

Clerk@holbrookparishcouncil.gov.uk

Notes from John Ambrose

Chairman, Holbrook Parish Council



We have now changed our website address and emails for councillors, this is following advice given to us. Our new website is: <https://holbrookparishcouncil.gov.uk> and my email address is johnambrose@holbrookparishcouncil.gov.uk. The reason for the change is to give us an extra layer of security.

At council meetings, we often have concerns raised about services in the village. One that crops up often is the surgery and the lack of appointments. Not being one to sit back and ignore the issue, I contacted the practice manager and was offered the opportunity to sit in with the reception staff one morning which I took up.

I reported to the Shotley surgery and sat down with Sue and Jane to observe what happens when they open the phone lines at 8am. Immediately the phones started ringing and there were some people waiting at the surgery, most calls were to see a doctor and by 8.27am all the doctor's appointments for that morning at both sites were taken! During that time, both surgeries received 60 phone calls.

Later I sat down with Lorna, the practice manager, along with Helen to discuss concerns that have been raised. I noted that during March there were 81 missed appointments were patients failed to turn up which meant that 81 people could had been offered appointments. I raised the question why we could not book appointments in advance, NHS England sets out how appointments are booked and only allow 10% to be booked in advance. The practice is closely monitored to ensure that this

figure is not exceeded, if you want this to change then lobby NHS England.

The good news is that they have a full compliment of clinical staff offering 10 minute appointments at both surgeries but they are restricted as to how many doctors and nurses can be at the surgeries. Did you know that there is only one nurse's room at Holbrook which is why you will be offered appointments to see a nurse at Shotley where there are rooms for up to 3 nurses?

Whilst we all hear the complaints, I must say that more residents I speak to sing the praises of the surgery and the care they receive from the dedicated hard-working staff which I passed onto Lorna.

In the middle of this edition is information from the surgery.

Recently we heard that the appeal to build homes on the land behind the fire station has been turned down by the Planning Inspectorate. Unfortunately, the Compasses has been granted planning permission to be converted into homes and the construction of two house on the car park and beer garden.

I am looking forward to what looks like to be a busy time for Holbrook starting with the village fete which is followed by the open gardens and trail. Not to mention events organised by the Holbrook Society along with the popular village meal, film nights, community café and the beer festival at the Swan.

The Community Self Help Group have spruced up both the bus shelters and welcome suggestions for future projects. Please send suggestions to Trevor at HolbrookSHG1@outlook.com.

Village Meals

There will be village meals on Tuesday 4th June and Tuesday 9th July at the village hall from 6pm. Look out for posters with details.

Tickets will be £10 and must be bought in advance from Woody's.

A poem by Jock written at the March meal:

*An Irish night seemed just right
to invite the village for an Irish bite
potatoes peeled and carrots cooked
an Irish treat ... well ...that's how it looked.
Irish apples and Guinness cake
left the villagers in a state
too much booze in the Irish treats
knocked most people off their feet.
On the village Irish meal
ten quid each is a wonderful deal
lots of people chewing away
Happy and contented on this Irish day.*

Film Nights

The July film is Wicked Little Letters and is on Friday 7th July, there will be no film night in August but will return on Friday 13th September.

Tide Times for the Strand

These are dates when the Strand may be flooded due to high tides over the next couple of months, times are approximate and can change due to weather conditions.

Date	Time of High Water	Date	Time of High Water
6/6	12.43	7/7	13.58
7/6	13.28	8/7	14.26
8/6	14.01	9/7	15.01
9/6	14.51	22/7	13.39
24/6	15.36	23/7	14.25
25/6	16.04	24/7	15.09
		25/7	15.53
		26/7	16.36
		27/7	17.21



VIVO: Village Voices on the Peninsula



Summer Concert

(Including songs from Film, Musicals, a D Day sing-a-long
and the annual patriotic favourites)

Friday 28th June 2024 7.30 p.m.

Holbrook Village Hall

Tickets: £5.00

Available from Woody's Butchers, Holbrook
and members of the choir

Drinks, Nibbles and Raffle

Further information: Sue Wightman (Musical Director)

07891167485/01473 780346 e.mail: susiepugwash@btinternet.com

Little Free Library

1 Abbott Way, Holbrook

Thanks to Tracy Stephens for putting this up outside their house. Anyone is free to take a book from its stock of adult's and children's books which are changed weekly. Donations always welcomed.



Holbrook Art Club

The summer term will commence on Monday April 15th at 2 p.m. in the Bowls Pavilion, for the following 12 weeks (excluding bank holidays). Emma Graham will be with us to offer advice, encouragement & occasional demonstrations. The 2hour sessions will cost £6 plus a small charge for the Hall hire, all fees payable in advance. New members & past members are always welcome to join us. Call Emma on 787721 or Rita on 328257 for more details.

HOLBROOK TENNIS CLUB

As the evenings get lighter, the peninsula's tennis club is getting back into gear at the Royal Hospital School (RHS).

New members, or those just interested in having a trial hit, are welcome to join us for our social club evenings on Tuesdays from 6.30pm, and we are also hoping to have sessions on Sunday mornings from about 10am.

Come and have a go – the standard of current players covers a wide range, so there is no need to feel intimidated and we are a friendly bunch who are keen to attract new members. There is no charge for the first couple of times you play with us.

If you want to keep playing, we are also hoping to offer some coaching as part of the annual membership cost of £50.

We are entering a men's, ladies and mixed team in each of the respective local leagues this summer.

Our first Tuesday evening started on 23rd April. You are welcome to bring children. Local coach Tori Daynes (toridaynes@hotmail.com / 07921 864573) offers coaching for juniors at Holbrook Academy on Wednesdays and Thursdays with a fee, and also offers tennis camps in the holidays.

Contact Nick Holloway (07910 563390) or Andrew Woodger (07977 192906) for more details.



OPEN GARDENS

8TH – 9TH JUNE 2024



Please complete the form below and drop it off to

The Holbrook Society. c/o Little Orchard House, Little Orchard, Holbrook IP9 2NR

I would like to take part in the **Open Gardens** event.

Name: _____

Address: _____

Telephone: _____

E-mail: _____

Donations will be towards St Elizabeth Hospice.

HOLBROOK TRAIL 2024 CHILDREN'S FILMS 8TH – 9TH JUNE

Please complete the form below and drop it off to

The Holbrook Society. c/o Iona, Ipswich Road IP9 2QT

(Iona is opposite the junction with The Street)

I would like to take part in the **Holbrook Trail : Children's Films**.

Name: _____

Child: Adult:

Address: _____

Telephone: _____

E-mail: _____

I enclose a £5 donation towards EACH (East Anglian Children's Hospice)

Entries will be judged. Prizes for Child and Adult entries



VIVO

Village Voices on the Peninsula

**We meet every Friday Evening
at the Methodist Chapel, Holbrook
7pm - 8pm**

Contact: Sue Wightman (*Musical Director*)

Tel. 01473 780346

Mobile: 078911 167485

Email: susiepugwash@btinternet.com

Holbrook Walking Football Group

Walking football is the perfect fit for everyone who wants to be active, make friends and get out of the house.



Although walking football was created for over 50's our group is unique in that we have players in their 20's up to players in their 60s - men and women.

Some players have played football regularly, some are new to the sport.

We are a friendly and welcoming group and play 9.30am -10.30am every Sunday, indoors at Holbrook Sports Centre. Sessions cost £2 but come along and try for free!

If you'd like further info please contact Simon Page 07912 609549



NEWS FROM THE GALLERY

A regular column from Lisa Thomas of Come Hither Gallery on Ipswich Road

My partner in crime, Dan, has been in the news over the last few weeks. He made a birthday card for his dad which featured a transcript of the BBC Radio Suffolk commentary from Ipswich's win over Southampton back in April. It was an amazing last minute winner, where it wasn't the scorer that made the goal even more memorable, but the actions of Conor Chaplin, who had been substituted; as he ran onto and across the pitch to celebrate with the rest of the team.

Dan posted the design on Twitter (or rather X) and, following very positive feedback, decided to make a letterpress



greetings card and limited edition print of the design, both of which are available for sale in the Gallery. Dan was interviewed on Radio Suffolk at the time, as it was Brenner Woolley's fantastic commentary that inspired the design. More recently the design was back in the news, this time on

OPEN DAYS 2024

JUNE (Suffolk Open Studios)

1st – 2nd

8th – 9th

(Holbrook Open
Gardens weekend)

22nd – 23rd

29th – 30th

JULY

13th – 14th

BBC Look East. This was because another Town fan had got a very questionable, and very large, tattoo based on the design!



The Gallery will be open most weekends in June, as part of Suffolk Open Studios with a mixed ceramics exhibition. We hope to see you soon.

01473 327184 www.gallery.comehitherdesign.com

1 Hither House, Ipswich Road, Holbrook, Suffolk IP9 2QT 01473 327184

COME HITHER GALLERY
SUMMER EXHIBITION 2024
**BEAUTIFUL
CERAMICS**

INCLUDING WORKS BY
KERSEY POTTERY
PETER O'MALLEY
JWAUDBY CERAMICS



PRIVATE VIEW
FRIDAY 31 MAY
6-9PM

OPENING
SATURDAY 01 JUNE

OPEN 10-5PM
EVERY WEEKEND
IN JUNE
(CLOSED 15-16 JUNE)

FOR MORE INFORMATION AND OPENING DATES: www.gallery.comehitherdesign.com/diary
01473 327184 Come Hither Gallery, 1 Hither House, Ipswich Road, Halbrook, Suffolk IP9 2QT

Carton by Jock from the April Village Meal

Bangers & Mash
potatoes not smash
dripping over the plate
Rhubarb & custard
so softly crusted
so line up.....
cos you'll have to wait!



Suffolk Library Mobile Service

Calling every 4 weeks on Fridays

Stop	Village	Location	Time
17A	Shotley	Village Hall	0930–1030
17B	Shotley	Lay-by opposite Great Harlings	1035–1050
17C	Shotley	Baker Road	1055–1115
17D	Shotley	Bristol Hill	1120–1200
17E	Shotley	Kingsland	1300–1315
17E1	Erwarton	Lay-by	1320–1345
17F	Harkstead	Church	1355–1415
17G	Harkstead	The Baker's Arms	1420–1450
17I	Holbrook	The Compasses	1500–1530
17K	Freston	Freston Street	1540–1600

**2024: 26 January, 23 February, 22 March, 19 April, 17 May,
14 June, 12 July, 9 August, 6 September, 4 October, 1 November,
29 November, 27 December**

Stop	Village	Location	Time
8A	Chelmondiston	School	0925–1045
8B	Chelmondiston	The Red Lion	1050–1120
8C	Woolverstone	Marina	1130–1155
8D	Stutton	Larksfield	1210–1240
8E	Stutton	Community shop	1245–1315
8G	Holbrook	The Street	1430–1600

**2024: 12 January, 9 February, 8 March, 5 April, 3 May, 31 May, 28 June,
26 July, 23 August, 20 September, 18 October, 15 November,
13 December**

HOLBROOK COMMUNITY CAFÉ

Have you tried your Holbrook Community Café?

**The café operates in the Methodist Chapel
(opposite the Co-op) on Wednesdays
10.30am-3.30pm.**

It is open to anyone who would like to come.

Come and enjoy a friendly atmosphere, tea, coffee, cakes and a soup lunch. There is no charge for the refreshments or the warm space but donations are welcome towards the running costs if you wish.

Would you like to help at the café?

Help is welcome for all or part of the time the café is open.

This can include setting up, making hot drinks, serving, clearing, and loading dishwasher, or you might be interested in becoming a co-ordinator.

If you are not able to help on the day, could you make cakes or soups for the café?

**If you are interested in offering help,
come on a Wednesday, have a cuppa
and speak to one of the co-ordinators
or email suzie.fiske@googlemail.com**



My Occasional Holbrook Diary



Friday, 12th April. Attended showing of 'Wonka' at the Village Hall. Meretricious drivel in my opinion but two small boys sitting to my left found it utterly charming. I guess it all depends on 'where you are coming from'.

Wednesday, 17th April. Finally got round to reading the tranche of correspondence supplied by my neighbour, Les Jolley, concerning a topic of mutual interest, namely the patch of waste ground between our properties facing onto Firebronds Road. About a year ago a message on a post appeared at the front of this piece of land which read, optimistically, 'We're letting it grow to help the flowers show'. At the time of writing there is now a rich crop of brambles and briars but not much else to see. Les, who is more proactive than me, has held authorities feet to the fire with a series of letters asking intelligent questions and getting answers. Put briefly this initiative stems from The Biodiversity Project Manager at Babergh District Council who describes the project as 'meadow management'. He concedes that there hasn't been sufficient 'management' involved but intends to do better. What many locals consider a bit of a mess The Biodiversity Project Manager probably sees as a mini Eden seeded with wild flowers and truffled with stag beetle larvae*. It all depends on 'where you are coming from'.

Saturday, 27th April. Apprehended a gang of ruffians vandalising the Compasses Bus Stop. Put on my glasses to better identify the culprits and realised they were actually painting and repairing the structure. Well done, gentlemen. You are a credit to the village and right up there with whoever knits the post box toppers! (Thinks 'I wonder if they would consider doing a bit of meadow management'?)

Robin Steggles

*To be honest I am quite fond of stag beetles. They've been around much longer than we have which is surprising considering their bonkers life cycle.

Parish Recorder

The photo below show the start of the Two Riers Annual Cycle Race sometime in the 60s. The route was 13 miles long but more than one lap was made. (Thank you to Chris Leach for the photo.)

Who can tell me about the buildings behind the cyclists? Please contact me at holbrookrecorder@yahoo.com

At the risk of being repetitive, please don't forget to take photos of your family during the year; occasionally printing some out and putting the names on the back!

Fran Williams

holbrookrecorder@yahoo.com





A selection of Holbrook & District Pre-school team is taking part in the 2024 Orwell Challenge and have chosen the Levington Loop walk which is approximately 13 miles long, We are raising funds for the pre-school which is a registered charity and relies on charitable donations through fundraising.

All monies raised goes straight into the setting to provide new resources and equipment to support the children on their developmental journey, the upkeep of the building and grounds and staff training providing a safe and rich learning environment for them so they can thrive.

If you would like to support the setting you can donate using the QR code provided or pop into setting or The Swan in Holbrook to donate via a sponsor form, we would like to thank the community for their continued support and we look forward to meeting you at future events. Thank you in advance.

The Holbrook & District Pre-school Team

News from Holbrook Village Hall Management Committee

David Rose

On 23rd April 2024 the Village Hall Annual General Meeting took place and with it the retirement of David Rose, who stood down as Chairman of the Management Committee. That was truly the end of an era. David had been a member of the Village Hall Management Committee since 1982 - an incredible 42 years and over half his life - and all that time had also been spent as Chairman. No amount of words can adequately express David's huge contribution to the village hall but I will try to encapsulate that as best as I can.

David has always been a very 'hands-on' Chairman, with his commitment to anything and everything being second to none. When repairs to the hall have been needed David was inevitably there to fix it. If things needed to be ordered or purchased, David would sort it. Whatever event or function was organised by the committee David would be part of it and often take the lead. The annual fete is a good example of that. He would be clearing The Green of cut grass and other material on a Friday evening, back on Saturday morning to set up the PA system and generally ensure all matters were covered before returning early afternoon to meet and greet those attending and acting as the MC. Even when the fete was complete David would be one of the last or the last to leave helping to clear everything that had been used for the event. I can confidently say his dedication to the hall will never be surpassed.

In committee David always chaired meetings in a friendly, democratic way. He was keen to involve other committee members in seeking their views on various issues as well as encouraging them to do so. Inevitably, there were a few occasions when the committee's views differed from his own but whilst he would make his case he never attempted to impose himself to the detriment of others.

He is a very modest person. He was always quick to praise and thank people for what they had done but rarely mentioned all the things he has done.

David has left a tremendous legacy. During his time, the hall has been extended twice and a new, improved kitchen fitted, in addition to all the more minor modifications that have taken place during his tenure. Inevitably, David will be a hard act to follow. We extend our sincere thanks for the service he has provided to so many, over so many years. It has been greatly and truly appreciated. As a committee we wished to mark David's incredible service in some way. For a person who has given so much that was always going to be difficult, so whatever we gave him could only ever be a token, but sincere, well meaning, gesture.

Having sought advice from David's wife, Jo, we presented a combined garden table and chairs to David at his home after the AGM. We hope the weather will be kind to him and Jo and they will be able to spend many happy hours sitting in their garden and enjoying their time together without concern as to what needs doing at the village hall! The committee also wished to acknowledge the great contribution Jo has made in supporting David for such a long time and she was presented with a floral arrangement at the AGM.

Les Jolley
Chairman

Electric Vehicle Charging Points

According to various sources, electric vehicle sales in the UK reached record levels in 2023. It is assumed that level will continue to increase as the phasing out of all new petrol and diesel driven cars takes place by 2035. Those vehicles will of course need to be regularly charged with the provision of accessible electric charging points being a necessity. Many people with electric cars may chose to charge them at home or, as things evolve, at electric 'filling' stations. However, those people who live in rural areas and in homes without the necessary space to charge their car will likely have to rely on publicly available charging points close to where they live.

Earlier this year, the Village Hall Management Committee was approached with a view to electric vehicle charging points being installed on the Community Car Park. As trustees of the land on which the car park is sited, it is something the Management Committee is considering. Suffolk County Council has secured funding to help develop charging across the county and as a first step we have made application to be part of that project. This is still at an early stage but if the points are subsequently installed it is accepted it will be a long term commitment. Among other things, that will place certain responsibilities on the Management Committee as well as an increased administrative workload for some of its executive members. A question that has been regularly raised during our discussions is – “Is there a need for charging points in Holbrook?” To assist our deliberations and gauge the level of need it would be helpful to receive feedback from people living in the village. The question we pose is “Do you currently own and/or use an electric car or do you anticipate doing so in the next few years? If the answer is ‘Yes’, do you or would you need to use a charging point to charge the vehicle regularly close to but away from your home? Anyone wishing to take part in providing us with answers to those questions is requested to contact Les Jolley, Chairman of the Village Hall Management Committee, at jolley425@btinternet.com

Thank you in anticipation of your assistance.

All Saints needs a new roof!

All Saints church building is the most prominent ancient monument in the village and has been a presence here from the 12th century, providing a sacred space for worship, special family events and a place for those who need to step away from the hustle and bustle of life for some quiet time.



The maintenance of the church building is NOT the AIM of the church, but it IS the responsibility of the PCC (Parochial Church Council). As well as for worship, we would like to use the church for more community events. We have found it to be a great venue for concerts (the acoustics are very good) and a great place for exhibitions and coffee mornings, we hold Messy church here occasionally and we provide a small 'parish pantry' at the back of the church. We work in conjunction with our Methodist friends to help provide the Holbrook Community Cafes as the chapel is more central to the village and that is working well.

The time has come for some major work to be done. There have been persistent leaks in the north parapet gutter at the east end (in the chancel) which has caused extensive damage to the north wall of the chancel and on the render on the outside above the vestry roof (inside you can see the plaster crumbling and evidence of damp and the render falling off the wall outside). Temporary repairs to the leaking

guttering have been carried out but a permanent repair is becoming quite urgent which will involve removal of a large section of the roof covering (asbestos cement sheeting) which is very brittle.

We don't know how much damage has been done to the wood under the gutter but most certainly there will need to be some extensive carpentry repairs and repairs to the parapet itself. The main chancel/nave roof and the south aisle roof are both covered with asbestos cement sheeting and vulnerable to mechanical damage, particularly when carrying out any maintenance repairs; surprisingly, the covering has held its own fairly well, but its replacement is becoming increasingly urgent due to the failure of the gutter.

Working in conjunction with our architect, Nick Jacob, we are looking to replace the main chancel/nave roof and the south aisle roof with zinc or stainless steel sheeting and to repair/replace the guttering all around and make good the parapets and the damage to the wall inside and out. We are also thinking of installing solar panels on the south aisle roof with battery storage to make us much more energy efficient for heating and electricity and, if the funding allows, we would like to improve the heating.

The church and the Friends group will be fundraising and we will be looking at what grants are available. We are hoping that you will be happy to see this work done and will encourage us. If anyone has expertise to offer, your assistance will be very welcome.

Rev Jenny Seggar

Norma Rooke – churchwarden

Ruth Gitsham – churchwarden

Friends of All Saints Church, Holbrook.

The Friends of All Saints Church, Holbrook, have several exciting events planned for the year ahead to which we would love to welcome everyone.

The Silbury's a fusion of folk, acoustic and progressive rock are returning to entertain us all on **29th June**. Once again, they will provide us with an evening of fabulous music, and who knows, there may be dancing in the aisles....

For the **Open Gardens and Holbrook Trail 8-9th June**, the churchyard will also be open and there will be refreshments and the opportunity to learn about the church building and the churchyard and allotments and the work being done to make our church more 'Eco friendly' with small informal tours. More information will follow so keep your eyes peeled.

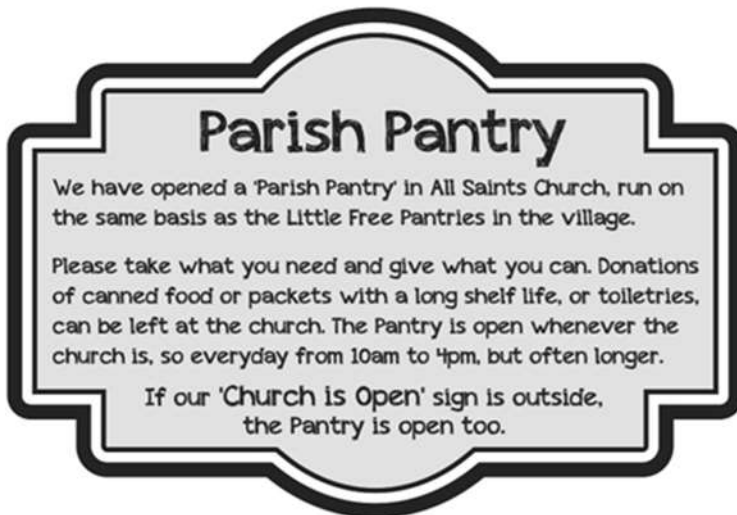
Our famous BBQ will take place on **14th July**. This year, alongside our fabulous food and drinks, there will be **musical entertainment** and we will be introducing our **Mouse Hunt** where children can find tiny crochet mice, and one lucky hunter will find the treasured golden mouse!

The Friends are a constantly working to raise money to make improvements within the church building, the oldest part of which was constructed over 700 years ago. We are so lucky to have such a fine church in Holbrook, it is steeped on the history and folklore of the village. The Friends were established with preservation in mind and recognise that the village appreciates having the church whilst not always having the time or inclination to attend services.



Our work is to organise social fundraising events for its members and the village as a whole. This year we will be hosting a **special event exclusively for our Friends** (membership is excellent value at £10 per family per year) which will take place - appropriately - on **All Saints Day, 1st November**. This will be a cheese a wine party in the evening, the first glass of wine will be free and there will be music for everyone to enjoy.

'Friends' leaflets are available in the church if you are interested in finding out more and the membership book is always open, please feel free to ask anyone should you be attending an event and we will gladly help. Any questions, please email **friendsofash0@gmail.com** We look forward to hearing from you!



HOLBROOK SOCIETY NEWS

Contact: holbrooksociety@gmail.com



Tuesday 4th June Village Meal

Village Hall 6pm £10 (Tickets must be bought in advance at Woody's)
Moussaka

Sat-Sun 8th and 9th June

OPEN GARDENS AND HOLBROOK TRAIL

We need volunteers to help with car parking at the village hall and selling programmes. If you can help in any way please email jmsquirrell@gmail.com

Do let us know if you might be willing to open your garden or make a display.

Friday June 14th Film Night

Village Hall 7.30 £5
THE COLOUR PURPLE

Friday 21st June Village Hall £5

THE BUILDING OF THE ORWELL BRIDGE
Charlie Sharp and Howard Morris

Tuesday 9th July Village Meal

Village Hall 6pm £10 (Tickets must be bought in advance at Woody's)

Wednesday 17th July VISIT TO MUNNINGS ART MUSEUM Dedham

Guided tour of the museum at 11am - £10. There is a café on site where you can buy a light lunch after the tour.

We shall try to promote car sharing where possible

Friday July 19th Film Night

Village Hall 7.30pm £5
WICKED LITTLE LETTERS

Tuesday September 10th at 6pm at Martlesham (*Details of meeting point to follow. We shall hope to carshare as much as possible.*)

VISIT TO SUFFOLK CONSTABULARY MUSEUM

Friday November 8th - *Details to be confirmed*

Rith Gitsham

DIARY OF A BEEKEEPER

November 23rd – COACH TRIP TO NORWICH

8.30am from The Compasses £15

Reade Field Monthly Lottery Winners

April Winners

1st L Jolley £20.50 2nd J Walker £12.30

3rd D Rose £8.20

May Winners

1st B Halliwell £21.50 2nd B Parrott £12.90

3rd P Squirrell £8.60

The new draw starts in August and we will remind you to rejoin the lottery in the next edition. You can set up a standing order so that you are automatically entered in the next year's draw, thanks to those who have done that for this year.

HOLBROOK BOWLS CLUB

At the time of writing these notes, the outdoor season has only just commenced with League commitments on 4 evenings in the week. Early season results have been pretty good. We have the first round of the Stan Wright Cup against Hadleigh in late May. This has been a competition in which the Club have been very successful recently reaching the final in successive years, triumphant in 2022 and losing finalists last year.

The Club has been fortunate to recruit several new members this year, all of whom attended our opening drive in April. The new players have swollen our numbers to such an extent that we feel confident that we are able to fulfil our League and Cup commitments.

At the request of the School, the Club have organised a repeat of the tuition session for the older pupils at Holbrook Primary which was hugely enjoyable for everyone last year. Once again, 5 senior Club members are providing instruction for the children and an introduction in to all aspects of the game.

We also providing an open session at the Club for the Village Fete on June 1st when visitors can play trial ends and enter target competitions. This, too, was most successful last year and we hope it will produce a similar response again.

The Club would welcome new members for either or both of the outdoor or indoor sessions and anyone interested should contact Martin Pink on 07809 222057 or martinpink@gmail.com

Peter Cloke.



WANTED

ON CALL FIREFIGHTERS

Come and join us!



#BePartOfOurFuture



REWARD!!

Annual Retain Fee • Payment for calls attended
Payment for weekly drills and additional training courses

IF YOU ARE.....

- Over 18, reasonably fit and comfortable with heights
- Able to attend the station within 6 minutes of a call coming through
- Able to respond or be released from your place of work during the daytime
- A team player with an appetite for adventure
- Looking to serve your local community

THEN WE NEED TO TALK!!

Call in to Holbrook Fire Station, Ipswich Road



Some positive ways to help the planet this Summer 2024

- **In your garden try using organic methods** instead of chemical pesticides and weed killers. For example, try 'companion planting' marigolds, nasturtiums, geraniums or sage with your vegetables to reduce aphids and black fly. A garlic spray on affected plants may also help to reduce pests. Made by adding boiling water to a crushed garlic bulb, letting it stand until cooled, then straining it. Nettles without butterfly eggs or caterpillars on can be used to make organic fertilizer, although its best to leave some nettles and other wild plants for the butterflies and other insects (this could be a certain area of your garden).
- The UK's flying insect population has rapidly, by as much as 60% in the last 20 years. These insects are vital for pollination of our food plants as well as the native plants, and as food for birds and small mammals. If you're going on a car journey you could help the **'Bugs Matter' national citizen science survey**, by downloading their app from www.kentwildlifetrust.org.uk This survey counts dead insects on your number plate (from 1st May to 30th September) to help study the decline of insects in the UK.
- When planning your **holidays or days out consider using sustainable travel**. Many bus fares are capped at £2. The First Bus website has lots of ideas and information for days out in Suffolk, Norfolk and further afield in the UK (www.firstbus.co.uk and www.firstbus.co.uk/adventures-bus).
- **'Flight Free UK' (www.flightfree.co.uk)** have lots of information about how reducing our air travel can help reduce the serious risks of climate change. They also have lot of information and ideas to help you plan great 'flight free' holidays.



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Could you spare a little time to deliver the Parish Papers in The Street and Denmark Gardens?

It is only a bi-monthly publication.

If you could help, please contact the Parish Clerk:
clerk@holbrookparishcouncil

gov.uk



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The Holbrook & Shotley Practice

Practice Leaflet

Information for our Patients

PARTNERS

Dr Sidhu Gada

Dr Felicity Bezant

Dr Jonathan D'Souza

SALARIED DOCTORS

Dr Julia Lewis

Dr Adrian Doig

CLINICAL STAFF

Tabetha Snape – Advanced Clinical Practitioner

Keiron Godby – Practice Paramedic

Danielle Evans – Clinical Care Practitioner

Holbrook and Shotley Practice

Holbrook Surgery, The Street,

Holbrook, Ipswich, Suffolk, IP9 2QS

Tel: 01473 328263

Shotley Surgery, Kingsland,

Shotley, Ipswich, IP9 1ND

Tel: 01473 787435

Website: www.holbrookandshotleysurgery.co.uk

OPENING TIMES

One or other surgery is open 08.00 – 18.30 Monday to Friday for reception and telephone enquiries. Dispensary shut 13:00 – 14:00 daily.

CLINIC TIMES - Holbrook

Mon: 08.00 – 17.00

Tue: 08.00 – 17.00

Wed: 08.00 – 17.00

Thu: 08.00 – 12.30 (Dispensary closed from 12.30)

Fri: 08.00 – 18.30 (urgent clinic only from 13.00)

CLINIC TIMES - Shotley

Mon: 08.00 – 18.30

Tue: 08.00 – 18.30

Wed: 08.00 – 18.30

Thu: 08.00 – 18.30

Fri: 08.00 – 12.30 (Dispensary closed from 12.30)

		Holbrook		Shotley	
	Morning	Afternoon	Morning	Afternoon	
Monday	Dr Bezant Dr Lewis	Health Visitor	Kieron Godby Tabetha Snape Dr Adrian Doig	Dr Bezant Dr Adrian Doig	
Tuesday	Dr D'Souza Dr Lewis	Dr D'Souza	Dr Gada Kieron Godby Tabetha Snape	Dr Gada Kieron Godby Tabetha Snape	
Wednesday	Dr D'Souza Dr Bezant Dr Adrian Doig	Dr D'Souza Health Visitor	Dr Gada Kieron Godby	Dr Gada Dr D'Souza Kieron Godby	
Thursday	Dr D'Souza Dr Bezant	Closed from 12.30	Dr Gada Kieron Godby Tabetha Snape	Dr Gada Kieron Godby Tabetha Snape	
Friday	Dr D'Souza Kieron Godby Tabetha Snape	Kieron Godby Tabetha Snape	Dr Gada Dr Lewis	Closed from 12.30	

APPOINTMENTS

All surgeries are by appointment, and can be made in person or by telephone. We offer a mixture of pre-booked and on-the-day appointments throughout the week, appointments are also now available online via the website and NHS app.

If you are unable to attend for your appointment please let us know so that we can offer this to another patient.

GP+ is an additional appointment service, offering patients evening appointments during the week, including weekend appointment, please speak with our Reception Team for more information.

URGENT APPOINTMENTS

We have urgent appointments each day for the Doctor. After 1pm each day one Doctor is on Duty for all urgent requests.

(Urgent appointments are not for Repeat Prescriptions, fitness for work certificates or for signing forms).

MINOR INJURY CLINIC

Our nursing and medical staff can provide treatment for many minor injuries. Tell the receptionist and she will alert a member of the Practice Team as soon as possible.

HOW TO REGISTER AS A PATIENT

If you are new to the area and you need to register with one of our GPs, please ask at our Reception. If you are on regular medication, please tell the receptionist who will book you an appointment to ensure your medications are added.

HOME VISITS

Home visits should only be requested for those who are unable to come to the Surgery because of serious illness and infirmity. They should be requested before 11am if at all possible.

Whenever possible we prefer to see you at the Surgery; if you do not feel well enough to sit in the waiting room we can make alternative arrangements. Requests for visits after 1pm will be taken by the Duty Doctor.

DISABLED ACCESS

The flat/ramped surface is suitable for wheelchairs. Disabled toilets are available off the waiting room.

PRESCRIPTIONS

Both surgeries have dispensaries which will issue prescribed drugs to eligible patients. If you live within one mile of an independent Pharmacy we are not permitted to dispense to you.

ROUTINE — requests for repeat prescriptions will be dealt with within three working days. This can be in-person, through SystmOnline / NHS Appt or via our Managed Repeats Service.

URGENT - requests for urgent prescriptions will be ready to be collected by 3pm the same day, but please try to request these in person.

Dispensary Opening Hours (closed 1-2pm):

Holbrook

Monday, Tuesday, Wednesday 08.00 – 17.30

Thursday 08.00 – 12.30

Friday 08.00 – 18.30

Shotley

Monday, Tuesday, Wednesday,

Thursday 08.00 – 18.30

Friday 08.30 – 12.30

CHAPERONES

*All patients are entitled to have a chaperone present for any consultation.
Please request this at the time of booking or speak to your GP.*

OUT OF HOURS

If you have an urgent problem when the surgery is closed, please ring 111 where your call will be answered by the Out of Hours service. Please note that when contacting them, your telephone conversation will be recorded.

Other numbers you can use in an emergency

NHS Out of Hours 111

Emergency services 999

Other useful numbers/addresses

Patient Advisory Liaison Service (PALS) on 0800 389 6819.

NHS England, PO Box 16738, Redditch, B97 9PT

DATA PROTECTION

All information held about patients is completely confidential. The Practice is registered under the Data Protection Act 1984. This Act protects data held on the computer system.

Ipswich and East Suffolk CCG

To obtain details of all primary medical services available within the Ipswich and East Suffolk CCG please contact 01473 770000.

The Freedom of Information Act gives you the right to request information held by a public sector organisation.

Unless there's a good reason, the organisation must provide the information within 28 working days.

Please contact Lorna Bacon, Practice Manager.

The Holbrook & Shotley Practice

The Practice has gone through some changes in the last 12 months and it's a great to be able to update the Community.

Lorna will be a familiar sight to you, she was previously the Dispensary Manager before transitioning to the Practice Manager and has been in post for the last year.

We do have a Practice Leaflet that is available in Reception to all our Patients, please feel free to pop in and collect one, there is lots of useful information.

One or other Surgery is open 08.00 – 18.30 Monday to Friday for reception and telephone enquiries, dispensary's are shut from 13.00 – 14.00 every day.

Holbrook is open 08.00 – 17.00 Monday – Wednesday, until 12.30 on Thursday and Friday we close at 18.30, please note clinics on a Friday afternoon are for emergencies only.

Shotley is open until 18.30 Monday – Thursday and we close at 12.30 on a Friday.

The Practice has online pre bookable appointments available, as well as pre booking appointments with our Reception team. Online appointments can be accessed by downloading the NHS app or seeing our receptionists.

The Practice offers appointment at GP+ for weekday evenings and weekends. These appointments are for all of our Patients and can be booked in advance by contacting Reception. GP+ offer appointments with GP's, Nurse Practitioners and Practice Nurses. You may be offered these appointments when the Practice is at capacity and you require an appointment.

Clinics are run at Riverside Clinic in East Bergholt, Ipswich, Stowhealth Centre in Stowmarket, Needham Market Country Practice, Hadleigh Health Centre amongst others, please speak with our Reception team for more information.

Dr Adrian Doig joined us on 1st April 2024 as a Salaried GP. Dr Doig works across both sites and currently has 4 sessions each week.

Tabetha Snape joined the Team as our Advanced Clinical Practitioner, she too works in both Holbrook and Shotley 4 days a week.

The Partners are supported by Dr Lewis and the new clinicians, being fully recruited is a huge achievement as we can now offer continuity of care without the need to rely upon Locum Doctors.

The Practice has regular clinics with the Mental Health Team, Midwife, Physiotherapist and a Diabetes Nurse Specialist. Our reception team are happy to speak with you regarding any appointments you may wish to make.

Our Practice Manager, Lorna, is not always available immediately upon request. We do ask that if you have any concerns, compliments, complaints or suggestions for the Practice, then please email the Surgery on Holsho.Practice@nhs.net or send a letter to us.



Members of the Holbrook Bowls Club in their new team shirts

DO YOU GO TO THE GYM BUT NEED MORE STRUCTURE IN YOUR WORKOUTS?



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Report from Community Police Officer

Katie Jarrett

I'm now into my 6th month as the Community Police officer, am I finding my feet? I certainly hope so but it's fair to say I've had some challenges along the way. One of the big ones is time, there just isn't enough time. I want to do my best to help, and I want you to know that I want to help but sometimes there isn't the time or it's too late and then you feel "what's the point of having a community officer if we don't see her" I am trying my best and that's all I can do.

I have spent some of my time in Holbrook, I've visited the primary school and discussed the parking issues with the school junior road safety officers along with John and Jo from the parish council. There were some good ideas discussed to tackle the parking complaints but ultimately all drivers play their part and please can I urge you to park more considerably.

I've popped into the catch-up Monday session at the Methodist chapel and discovered I'm useless at anagrams and just slightly better at Rummy Cub. These weekly get togethers offer some people a lifeline and are so incredibly vital for our communities.

I attended the annual Parish meeting and it's clear there is a lot of passion and care that goes into looking after Holbrook and maintaining leisure facilities.

As the days get longer, evenings are lighter and hopefully the weather warms up we will see an increase in anti-social behaviour. Please report this behaviour. I can't do anything about it if I don't know it's happening.



Holbrook and Harkstead Helpers 0333 335 5387

Holbrook Helpers continues to offer help to residents within the village. This might be for shopping, collecting prescriptions or for lifts to medical appointments. If you would like to help with any of these things, please contact;

holbrookhelpers@yahoo.com

If you feel that you could help out with giving lifts, please contact the same email address. Drivers aren't called upon very often but it is very useful to have a large number of volunteers for our coordinators to contact.

Holbrook and Harkstead Helpers Committee

**PENINSULA
ULTIMATE
FRISBEE** 

***Ultimate Frisbee players
wanted!***

**We currently play every Tuesday evening in Holbrook from 7:30pm
A really fun team game to play outdoors (and currently indoors) —
a non-contact, mixed sex sport, which is a bit like a cross
between Netball and American Football, played with a frisbee.
New players are always welcome (adults only).**

**WHATSAPP / CALL / TEXT DAN ON 07958 970155 IF YOU'RE INTERESTED IN
JOINING US.**

Wednesday 5th June at 2 pm at St Andrew's Church room Chelmondiston. We will take time to finish plans for Pam's Tea Party. Modern Slavery and Trafficking is a current scourge and MU is a stakeholder in seeking to rid our society of this. It is real and does exist even here in Suffolk. At our meeting we hear an update on MU's contribution alongside the Clewer Initiative. This is MU in action. Why not take the opportunity to introduce a friend to MU? Tea and cake to follow. Hope to see you – everyone warmly welcomed – just come along.

We hope the rose bush to remember Pam Ross will have been planted.

Wednesday 3rd July at 2 pm - A Tea Party for the Branch was gifted to us by our dear friend and member, Pam Ross. There will be sandwiches, posh cakes and strawberries and cream at St Andrew's Church Room. Please start thinking about some fun and games to make this a very special afternoon. Pam loved fun and good company. There is easy parking in the Churchyard. Weather permitting, we might even sit outside. Friends and guests warmly welcomed.

Wave of Prayer 16-18th Aug – Our service information TBA

Wednesday 7th August – TBA

*Wishing you a Summer of fun and sunshine -
Christine and Margie*

Loving Lord, we remember with shame that lives were subjected to slavery and exploitation in past years; we thank you for those who saw the total inconsistency between Christianity and slavery and spoke out boldly. Keep safe and empower all who, today, risk their lives to seek the truth and expose the reality of modern slavery and trafficking of young people and the vulnerable. That lives may be in freedom, may your name be praised. Amen

Contacts:

Christine Ward: 01473 327697 cmward1@btinternet.com

Margie Rogers: 01473 780822 margie.56@btinternet.com

Please visit: musuffolk.org.uk

Tudor changes to All Saints Parish Church and Judge John Clench comes to Holbrook.

Last time we looked at the 14th century addition of the Tower, containing the bell-ringing chamber and the entrance porch. Within a hundred years or so the window on the east side of that tower was enclosed as an ambitious new South Aisle was added.

Of any changes to the church structure this must surely have been the most dramatic to the congregation of the day. They had always known a long rectangular building with small, two-pane windows. It was pretty gloomy even on sunny days. But suddenly the south wall was demolished and replaced by spacious arches, opening onto a new aisle with four LARGE windows, which allowed the sun to stream in and change the whole atmosphere of the internal space of the building. I think it must have been mind-blowing for the elderly who had worshipped there all their lives.

From the outside we can see a bricked-up doorway, which was the private entrance for the Lord of the Manor, now long redundant since the disappearance of that role. Then we pass two elegant windows, but find the third has been bricked up, before we turn the corner and see the final east-facing window. Going inside, we find the reason that the third window has been closed off – the monumental memorial to Judge John Clench, one of Holbrook's most famous worshippers.

The memorial was a 17th century addition, as Judge Clench died in 1607, but his life in Suffolk was largely in the 16th century and it seems appropriate to speak of him here. John Clench was made Ipswich's first Recorder in 1574 – a role entitling him to present the town's causes in London - and a decade later he was appointed Justice of the Queen's bench. He was known personally to the Queen, who is recorded as referring to him as "my good Judge Clench." Originally living at Great Bealings, he liked the area of our village and purchased several plots of land until he had enough to create a manor for himself here, and his large house was situated to the left of Fishponds – the lake which was part of his estate and provided fish for his kitchen.

Part of his duty was to prosecute those who clung to the outlawed Roman Church, which Elizabeth's father - Henry 8th - had broken with. It was this which brought John Clench's name up again, somewhat notoriously, in 1970, when the Pope bestowed sainthood on someone the judge had condemned to a painful death. This was one Margaret Clitherow, a woman of York who was a "recusant" – someone who refused to attend the Anglican church. She was also known to harbour RC priests who secretly celebrated the RC rite of Mass in her home. The punishment for this was death, unless she confessed and repented. Knowing that such an admission would mean the forfeiture of her lands to the crown and leave her family penniless, she refused to speak. Judge Clench had no option but to condemn her to the penalty prescribed by law, death by "pressing," which meant being crushed to death by a great stone weight. She died in 1586 and, in 1970, the Roman church designated her as one of the 40 English and Welsh martyrs for their faith under the British Reformation.

The story I was told, which I have no way of confirming, is that Judge Clench did everything he could to persuade her to save herself by confessing - *because his own wife was a secret Roman Catholic*. Unlikely though that might seem, it could be given some credence from the fact (I was further told) that the woman depicted on his memorial, lying on a lower level, is not his wife, but his daughter – unusual in such monuments. However, I discover Wikipedia thinks it is his wife. I don't believe everything I see on Wikipedia, but am annoyed that, if true, it spoils a good story!

More about the 17th century monument and further changes the new century brought next time.

Cynthia Anderson

All Saints Church, Holbrook

tworiversbenefice.org

Rev Jenny Seggar - Rector - rector2rivers@outlook.com - 01473 327951 - 07733 195866

The Rectory, 15 Denmark Gardens, Holbrook, Ipswich, Suffolk IP9 2BG

Amanda Bloomfield - Benefice Administrator - benefice2rivers@outlook.com - 07552 445731

Keep your face to the sunshine and you cannot see a shadow. *God said 'Let there be light and there was light.' Let Him fill you with hope.*

We would be grateful if you could continue to pray daily for the conflict in Ukraine and in Gaza, for peace and an end to the conflict. We continue to pray for all the Ukrainian families settling on the peninsula.

All Saints is open for private prayer and reflection every day if you need space from the confusion of these troubling times.

Live streamed services from the Cathedral are available via our website: tworiversbenefice.org

Planned Services for June 2024

Sunday 2nd June	9.30am	Holy Communion – Woolverstone
	11.00am	Worship 4 All – Stutton Village Hall
	11.00am	Morning Prayer – Freston
	4.00pm	Afternoon Tea with a short reflective service – Holbrook
	2.15pm	Eco Group meets in the churchyard
Thursday 6th June	9.00am	Weekday Holy Communion – Woolverstone
Sunday 9th June	9.30am	Holy Communion – Stutton
	11.00am	Morning Prayer – Holbrook
	11.00am	Holy Communion – Wherstead
Thursday 13th June	9.00am	Weekday Holy Communion – Woolverstone
Sunday 16th June	11.00am	Holy Communion - Freston
	11.00am	Morning Prayer – Woolverstone
	4.00pm	Worship 4 Families – Holbrook

Thursday 20th June 9.00am Weekday Holy Communion – Woolverstone

Sunday 23rd June 9.30am Holy Communion – Holbrook
 11.00am Morning Prayer – Wherstead
 4.00pm **Commissioning of Lay Elders – Stutton** (Morning Prayer cancelled)

Thursday 27th June 9.00am Weekday Holy Communion – Woolverstone

Sunday 30th June 11.00am **Benefice Holy Communion – Stutton**

Planned Services for July 2024

Thursday 4th July 9.00am Weekday Holy Communion – Woolverstone

Sunday 7th July 9.30am Holy Communion – Woolverstone
 11.00am Worship 4 All – Stutton Village Hall
 11.00am Morning Prayer – Freston
 4.00pm Afternoon Tea with a short reflective service – Holbrook
 2.15pm - Eco Group meets in the churchyard

Thursday 11th July 9.00am Weekday Holy Communion – Woolverstone

Sunday 14th July 9.30am Holy Communion – Stutton
 11.00am Matins – Holbrook
 11.00am Holy Communion - Wherstead

Thursday 18th July 9.00am Weekday Holy Communion – Woolverstone

Sunday 21st July 11.00am Holy Communion – Freston
 11.00am Holy Communion (BCP) – Woolverstone
 4.00pm Worship 4 Families – Holbrook

Thursday 25th July 9.00am Weekday Holy Communion – Woolverstone

Sunday 28th July 9.30am Holy Communion – Holbrook
 9.30am Morning Prayer – Stutton
 11.00am Morning Prayer – Wherstead

As circumstances can change at any time, please check on our website www.tworiversbenefice.org or the church notice boards for the most up-to-date information.

In Our Prayers...

We pray for streets in Holbrook each Sunday, along with our Methodist friends. We join with all the prayers, joys and concerns posted on the prayer board at the back of the church.

What's on...

The Parish Pantry at the back of All Saints church. You will find a cupboard of staple food items available for whoever needs them. Please come and take what you need and put in what you can – no obligation.

Shotley Peninsula Mothers' Union – For more information and the latest meetings, contact Christine Ward 327697.

Your Holbrook Community Café

The café operates in the Methodist Chapel (opposite the Co-Op) on Wednesdays 10.30am-3.30pm. It is open to anyone who would like to come. Come and enjoy a friendly atmosphere, tea, coffee, cakes puzzles, books. There is no charge but donations are welcome towards the running costs. Help is always welcome too. This can include helping set up, making hot drinks, serving, clearing, and loading dishwasher. Maybe you could make cakes or soups for the café? Come on a Wednesday and meet your neighbours and chat, and if you are inclined to help, have a cuppa and speak to one of the co-ordinators or email suzie.fiske@googlemail.com

From the Rectory ...

Dear Friends

I am sure that some of you will have noticed that all saints churchyard does not look as neat as it had done in previous years. This is intentional, as we are taking part in an eco church project with the methodist church.

The intention is to encourage wildlife in our wonderful churchyard. When they are managed properly churchyards are often important wildlife havens especially for wild flowers, insects and birds. Our Eco Church volunteers are working hard to plant special areas to encourage wild flowers and insects, and we are hoping to move towards gaining an A Rocha Eco Church Bronze award.

Eco Church meets on the first Sunday afternoon of every month all-year round, in the churchyard, and I know that new volunteers are always welcome. All are then welcome to join us for afternoon tea in the church.

I really look forward to seeing the rewards this summer of last years hard work, and hope that you will enjoy the new wildlife as you pass through the churchyard.

With best wishes.

Revd Jenny Seggar

Two Rivers Benefice

BBQ at All Saints

on Sunday 14th July

Come and join us!

AGM 12 noon BBQ at 12.15

Woody's sausages & burgers, salads,
drinks available and raffle with
music by 'Mr Smooth'

At 1.30pm come and have a look around
while the children join in the Church Mouse Hunt
to find lots of little mice hidden around the church.
Will you find the special 'Golden Mouse'?

While you are here you can renew your 'Friends'
membership or sign up to become a 'Friend' and help us
preserve this historic church for the future.



- £10 for Adults/over 12s •
- £5 for under 12s with a soft drink •
- £25 for a Family •

For tickets, email: friendsofash0@gmail.com

or from Woody's Butchers
or at the church on the day.



FRIENDS OF
ALL SAINTS
HOLBROOK
CONSERVATION SOCIETY



Friends of All Saints Holbrook present



The Silburys fusion of folk, acoustic and progressive rock always adds an edge of uniqueness to a gig. With a blend of covers and original music, the band will cover many musical genres but with a Silburys stamp of personality including flute, mandolin, guitar, bass and percussion. You can expect a lively set of original material alongside some classics from the likes of 'Jethro Tull' and 'Fairport Convention.'

They have featured at venues such as: Essex & Suffolk beer festivals, St Peters Waterfront festival, Maritime Ipswich and Music in the Park.

**At All Saints Church, Church Hill (B1080),
Holbrook IP9 2PQ**

**Saturday June 29th
music starts at 7:30pm
Tickets £10**

Light refreshments, drinks available and raffle

Book Ahead: friendsofash0@gmail.com

tickets from Woody's Butchers, Holbrook or at the door

News from Mary McLaren

Babergh District Councillor

The greatness of a community is most accurately measured by the compassionate actions of its members.

Corretta Scott King (Wife of Martin Luther King)



Thank you to all the groups formally and informally who work so tirelessly for the people of Holbrook and their families. The activities and events encouraged and initiated by the Parish Council, the various voluntary groups who provide Community Cafes, Sports, Village meals, Film Nights, Choirs, Environmental projects and much more demonstrate that community is important to Holbrook Residents.

As your local councillor one of my roles is to highlight the funds that may be useful in supporting local community groups.

- **Councillor Locality Grant**

This a very small pot of money for Stour Ward and has not opened for this current financial year yet. I will notify the Parish Council of the opening date. This grant applies to all groups with a designated Bank Account.

- **Community Groups or individuals passionate about Suffolks National Landscapes.**

Grants between £500-£2,000 are available for those arranging visits and activities within the Dedham Vale and Suffolk and Essex Coast and Heaths National Landscape boundaries.

Contact National Landscape Officer Eloise Markwick on 01394 445224 or email LandscapesForAllFund@suffolkandessex-NL.org.uk

- **Capital Grants Funding – 2024/2025 First applications between 13 May & Sunday 14 July 2024**

Now open and aimed at assisting community groups (Voluntary, Charities, Faith and Social Enterprise). Capital Grants are aimed at assisting community groups in making improvements and repairs to social infrastructure.

This may include:-

Village Halls, Play areas, sports clubs, recreational facilities, and churches.

Capital Grants are available to up to 100% of total project costs to a maximum grant of £10,000. Successful applicants will be required to complete the project within 8 months of acceptance by the scheme.

You are encouraged to contact the Grants Team by contacting them at BMSDCGrants@baberghmidsuffolk.gov.uk **You can access the council's website and go to Funding Page where there is a helpful video on how to successfully make a grant application.**

Mary McLaren.

Mary.Mclaren@babergh.gov.uk

14 May 2024

Local Bus Service 92

Ipswich to Manningtree

Manningtree to Ipswich

92

Ipswich | Holbrook | Stutton | Brantham | Manningtree

Mondays to Saturdays (except Public Holidays)

Service Number	Codes		Sch						
	Sch	Nsch	92	92	92	92	92	92	92
Ipswich, Old Cattle Market Stand J	0803	—	0825	1025	1225	1425	1635	1740	
Ipswich, Rail station, Burrell Road [R4]	—	—	0829	1029	1229	1429	1639	1744	
Ipswich, Bourne Bridge	0815	—	0835	1035	1235	1435	1645	1750	
Freston, The Boat PH	0819	—	0840	1040	1240	1440	1650	1755	
Holbrook, Compasses PH	0823	—	0846	1046	1246	1446	1656	1801	
Holbrook, Royal Hospital School	0826	—	0849	1049	1249	1449	1659	1804	
Stutton, Kings Head PH	0830	—	0853	1053	1253	1453	1703	1808	
Brantham, Bull PH	0836	—	0859	1059	1259	1459	1709	1814	
East Bergholt High School	—	0858	—	—	—	—	—	—	
Brantham, Brooklands School	0841	0904	0904	1104	1304	1504	1714	1819	
Cattowade, Slip Road	0846	0907	0907	1107	1307	1507	1717	1822	
East Bergholt High School	0853	—	—	—	—	—	—	—	
Manningtree, Long Road B1352	—	0911	0911	1111	1311	1511	1721	1826	
Manningtree, Bendalls Court	—	0915	0915	1115	1315	1515	1725	1830	

Codes: Sch - Schooldays only NSch - Non Schooldays only

92

Manningtree | Brantham | Stutton | Holbrook | Ipswich

Mondays to Saturdays (except Public Holidays)

Service Number	Codes		Nsch					Sch	
	NS	SO	92	92	92	92	92	92	92
Manningtree, Bendalls Court	0709	0735	0920	1120	1320	1520	1520	1730	1830
Manningtree, Rail Station A137 rdbt	0711	0737	0922	1122	1322	1522	1522	1732	1832
East Bergholt High School	—	—	—	—	—	—	1545	—	—
Cattowade, Slip Road	0715	0741	0931	1131	1331	1531	1549	1741	1836
Brantham, Brooklands School	0718	0744	0934	1134	1334	1534	1552	1744	1839
Brantham, Bull PH	0723	0749	0939	1139	1339	1539	1557	1749	1844
Stutton, Kings Head PH	0728	0754	0944	1144	1344	1544	1602	1754	1849
Holbrook, Royal Hospital School	0731	0757	0947	1147	1347	1547	1605	1757	1852
Holbrook, Compasses PH	0734	0800	0950	1150	1350	1550	1608	1800	1855
Freston, The Boat PH	0740	0806	0956	1156	1356	1556	1614	1806	1901
Ipswich, Bourne Bridge	0744	0810	1000	1200	1400	1600	1618	1810	1905
Ipswich, Rail station, Forecourt [R1]	0754	0816	1006	1206	1406	1606	1624	1816	1911
Ipswich, Old Cattle Market Stand J	0800	0822	1012	1212	1412	1612	1630	1822	1915

Code: Sch - Schooldays only NSch - Non Schooldays only NS - Not Saturday SO - Saturday Only

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Can you help Mama Mouse?

All Saints Church has been home to families of mice for generations and Mama Mouse's babies like to play 'hide-and-seek' inside the church and Mama Mouse needs help to find them. The mice could be hiding in the nave, the chancel, the north or south aisles, on the pews, font or even the pulpit!

If you are passing the church and would like to help Mama Mouse? Please drop in and look for the basket under the font and a note on what to do.

HOLBROOK METHODIST CHURCH

Greetings from everyone at The Chapel.

Opposite the Co-op, in The Street, Holbrook, Ipswich IP92PZ.

Minister: Rev. Steve Mann, 8 Roundridge Road, Capel St.

Mary, Ipswich IP9 2UG. Telephone: 01473 311178 email:

irmaminister@methodistic.org.uk

STAY IN TOUCH

See the new information on our chapel notice board and in our weekly 'chapel notices' (available on line or in printed form).

The Community Café is operating through Spring, and the days that the Chapel is open are advertised around the village and below in the church calendar.

JUNE 2024

Saturday 1st No Coffee Morning today as it is Village Fete day...!

Sunday 2nd Morning Worship at 10 am with
Bryan Nichols

Monday 3rd Tea and Chat between 2 and 4 pm

Wednesday 5th Community Café between 10.30 am and 4 pm. On the first Wednesday of each month the Computer Skills team from Babergh Council will be at the Chapel in the afternoon from 2 pm. The team are on hand to help you improve your computer skills, help with the use of mobile phones and any other devices you may have. Come along and see how they can help you.

Saturday 8th Coffee Morning between 10 am and 12 noon as part of the Village Event.

Sunday 9th	Church Anniversary Service at 10 am with Communion with Rev. Steve Mann.
In the evening	Meeting at 6.30 pm for a in depth discussion on 'praying' – all welcome to this open meeting
Monday 10th	Tea and Chat between 2 and 4 pm
Wednesday 12th	Community Café between 10.30 am and 3.30 pm
Friday 14th	Messy Church between 3.30 and 5 pm at the <u>Parish Church....</u>
Sunday 16th	Father's Day Morning Service at 10 am with the Worship Team
Monday 17th	Tea and Chat between 2 and 4 pm
Wednesday 19th	Knit In Community Café between 10.30 am and 3.30 pm
Sunday 23rd	Morning Worship at 10 am with Ruth Loggie
Monday 24th	Tea and Chat between 2 and 4 pm
Wednesday 26th	Community Café between 10.30 am and 3.30 pm
Sunday 30th	Morning Worship at 10 am with Luke Rokobuli
JULY 2024	
Monday 1st	Tea and Chat between 2 and 4 pm
Wednesday 3rd	Community Café between 10.30 am and 4 pm – Computer Workshop
Saturday 6th	Coffee Morning between 10 and 12 noon
Sunday 7th	Communion Service at 10 am with Rev. Paulson Devasahayam
Monday 8th	Tea and Chat between 2 and 4 pm
Wednesday 10th	Community Café between 10.30 am and 3.30 pm
Friday 12th	Messy Church between 3.30 and 5 pm
Sunday 14th	Morning Worship on 'Action for Children' Sunday at 10 am with the Worship Team

Monday 15th	Tea and Chat between 2 and 4 pm
Wednesday 17th	Knit In Community Café between 10.30 am and 3.30 pm
Sunday 21st	Morning Worship at 10 am with Rev. Jo Jacobs
Wednesday 24th	Community Café between 10.30 am and 3.30 pm
Sunday 28th	Morning Worship at 10 am with Colin Westren
Monday 29th	Tea and Chat between 2 and 4 pm.

Arrangements for Community Cafes in AUGUST are being altered and will be posted in the Chapel notice board.

Now that we are in the warmer month's we invite you to the Community Cafes in June and July. These are 'welcome spaces' for YOU.....

The Chapel is a living, community building that serves many folk throughout the week in all sorts of ways.

*The door is open to you. Don't be lonely in
Holbrook.....!*

From Holbrook Methodist Church.



Living Your Best Life

When we read the story of Jesus, it soon becomes very clear that he encouraged all those things that help people to lead better lives. I don't just mean the spiritual stuff. He is also recorded as healing people from a great variety of physical conditions. He carried money to give to those who needed it. He met with (and literally touched) those whom everyone else avoided. He described himself as bringing truth that would set people free; as bringing life in all its fulness; as bringing light that would help people to see clearly. Everything he did was about helping people connect with the kind of life they had been created to live – spiritually, physically, emotionally and any other way you might want to define life as a human.

Moreover, he also taught his followers to live in a similar manner so that the lives of others would be enhanced. He emphasised the Old Testament commandment to love other people with the same love that you show yourself. To this he also added the instruction to 'Do to other people exactly what you would wish them to do to you'. His followers were to be salt for those around them, bringing out the flavour of all that is good and life-affirming in the world.

For the past few months I have been an avid watcher of the Post Office Horizon inquiry. I've found it enthralling but the revelations it has brought would appear to be a million miles from what I've written above. It's been bad enough hearing the factors that led to so many sub-postmasters being unfairly convicted for crimes that never even existed! But what feels infinitely worse is any

cover-up afterwards that sought only to preserve the reputation of the Post Office. People were denied the truth that would set them free. What was done was at the expense of restoring any fulness to the lives of sub-postmasters. There was no thought of treating other people as you would want them to treat you.

I can't judge, though, because how many times have churches looked to preserve their own reputations by not dealing properly with the wrongdoing of church members or employees? How many times have innocent people suffered as a result? And ... whilst we're pointing fingers, let's try pointing a finger at ourselves. I like to think that very few if any of those caught up in the Post Office scandal were truly bad people. Rather they were people just like us who found themselves in a position and under a pressure that led to a truly horrendous outcome. Would you have acted differently in their shoes? What might be the kind of pressure that could lead you down a wrong path in seeking to preserve the reputation of an organisation dear to you; or that of a family member; or your own reputation?

Let's seek to be open to all those things that help us to live our best lives but also to commit to all that can lead others into their best lives too. Let's look to the story of Jesus and the encouragement it gives us. And, if the going gets tough and you find yourself in a situation that could lead to your denying truth and the fulness of life to others, you might even try asking Jesus in the here and now for strength to do the right thing.

Steve

Minister Rev Steve Mann (Minister at Holbrook Methodist Church)
8 Roundridge Rd, Capel St Mary, Ipswich IP9 2UG
Email: irmaminister@methodistic.org.uk Tel: 01473 311178

Report for May 2024 to the Parish Councils of Peninsula Division from Simon Harley (SCC Councillor)

Health Scrutiny

At Health Scrutiny Committee on 17 April, we heard from colleagues in the NHS about their digital integration work, trying to join up the different IT systems they use and to make information sharing easier between health and care providers. This is especially helpful given the UK's aging population. Also, the committee reviewed an improvement plan produced by James Paget

University Hospitals NHS Foundation Trust following the CQC inspection of their maternity services in 2023. Maternity services were found to be inadequate during the inspection, and the report detailed the actions they were taking to address the areas where they needed to improve.

Strategy for Care Leavers

On Tuesday 23 April, Cabinet reviewed the Leaving Care Strategy which detailed the ways in which the council wants to improve the service it provides to young people leaving our care. The council acts as a 'corporate parent' to all children taken into care, and must always ask itself with every decision: 'would this be good enough for my child?'. Plans in the new strategy for young people leaving care include help with housing, employment, mentoring and extension of the current council tax exemption scheme for care leavers who are living outside of Suffolk. The Leaving Care service offers support to all young people leaving care up to the age of 25, and care leavers regularly attend meetings at the council to provide feedback and ideas for improvement.

New Appointments in Children's Services

As well as the council's new £4.4m investment in additional staff to improve SEND services

(detailed in last month's report), two new appointments have been made to leadership. Sarah-Jane

Smedmor will be the new permanent Director for Children's Services, with a start date of 8 July. An

Independent Chair for the new SEND Improvement Board has also been appointed, Kathryn Boulton, who will start in June and lead the SEND improvement the council needs to deliver following the poor Ofsted/CQC inspection in November 2023. The council submitted an action plan after the report was published which has been approved by Ofsted, CQC and the Department for Education.

New Government Funding for SEND Schools

The council will be receiving an additional £10.9million from the Department for Education to create new specialist places for children and young people with special educational needs and disabilities. The Department for Education also announced it was funding a new SEND school in Suffolk sponsored by the Unity Schools Partnership, which will provide 126 new places in Suffolk for pupils aged between three and 16 with severe learning difficulties. Earlier this month, the Chancellor also announced a new Alternative Provision (AP) free school, the SENDAT New AP Suffolk Free School, in West Suffolk. The sites for both schools are yet to be confirmed.

More Suffolk Homes Eligible for Energy Improvements

More families will be able to secure free assistance to make their houses warmer and more energy efficient using the Warm Homes Suffolk scheme. Residents and landlords of eligible properties can apply for energy efficient measures such as insulation, solar panels or heat pumps, with average funding of £18,000 is available for homeowners, and £12,000 for landlords and their tenants. Warm

Homes Suffolk has been funding home energy efficiency improvements for two years, with funding from the Department for Energy Security and Net Zero. To be eligible, the following conditions must be met:

- Homes must have an EPC rating of D, or Homes are not heated by mains gas

And then either of the following conditions:

- Households have a combined pre-tax income of under £36,000
- Homes are in a certain postcode (you can use this [pre-qualified postcode checker](#)), which includes parts of Beccles, Bungay, Bury St. Edmunds, Felixstowe, Great Cornard, Haverhill, Ipswich, Kessingland, Lowestoft, Mildenhall, Newmarket, Rushmere St Andrew, Saxmundham, Sudbury (Shotley Peninsula and Brantham are not included in this..)

New Resurfacing Investment Gets Underway

Residents across Suffolk are set to benefit from 421 newly surfaced roads this year which is almost double the number of roads completed last year. This is a result of the extra £10 million investment by the council into resurfacing roads, which was announced last May immediately after the local election result. 102 roads will be surface dressed, whilst a further 319 sites will benefit from a full machine resurfacing during the year (Brantham has 4 sites included on the list currently in the design stage). Surface dressing and machine resurfacing treatments prolong the life of a road surface, remove potholes and level it out. During the last six months, Suffolk Highways has repaired over 9,000 potholes and resurfaced 41 roads, with a further 278 roads planned for resurfacing in this financial year. Having said this, winter weather always sees an increase in potholes and there is still a lot to do.

Follow us on:

Twitter - [Suffolk Green, Lib Dem & Independent Group \(@SuffolkGLI\) / Twitter](#)

Instagram - [https://www.instagram.com/suffolkgli_group/](#)

Facebook - [Suffolk GLI - Green, Liberal Democrat & Independent Group | Facebook](#)

Website - [Suffolk Green, Liberal Democrat and Independent Group – The GLI Group at Suffolk County Council \(suffolkgli.wordpress.com\)](#)

Cost of Living help and advice:

[https://infolink.suffolk.gov.uk/kb5/suffolk/infolink/family.page?familychannel=6](#) Benefits advice and

support:

[https://infolink.suffolk.gov.uk/kb5/suffolk/infolink/adult.page?adultchannel=0](#)

Flood preparation advice: [https://www.suffolk.gov.uk/suffolk-fire-and-rescue-service/fire-and-rescue-safetyadvice-in-the-community/preparing-for-flooding](#)

Flood recovery advice and support:

[http://www.suffolk.gov.uk/about/flood-recovery-information-for-suffolk](#)

**Simon Harley Suffolk County Councillor for Peninsula
Division**




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New times for Holbrook and Shotley Surgeries and Dispensaries.

Holbrook: 01473 328263

Monday to Wednesday 08:00 - 17:00 (dispensary closed 1-2pm)

Thursday 08:00 - 12:30

Friday 08:00 - 18:30 (dispensary closed 1-2pm)

Shotley: 01473 787435

Monday to Thursday 08:00 - 18:30 (dispensary closed 1-2pm)

Friday 08:00 - 12:30

Any queries please can patients phone to speak to reception in first instance.

Good neighbours schemes are supporting patients to get prescription if they can't attend the surgery.

Call 111 for emergency medical matters.

Babergh's Home, But Not Alone helpline: Freephone **0800 876 6926**

Local Shop Opening Times

HOLBROOK CO-OP

Monday	07:00 - 22:00	Tuesday	07:00 - 22:00
Wednesday	07:00 - 22:00	Thursday	07:00 - 22:00
Friday	07:00 - 22:00	Saturday	07:00 - 22:00
Sunday	10:00 - 16:00		

WOODYS BUTCHERS

Tuesday - Friday: 09:00 - 17:30 *Closed for lunch 13.00-13.45*

Saturday: 09:00 - 16:00

Closed Sunday and Monday.

HOLBROOK POST OFFICE, AT THE CO-OP

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Sunday Closed

Monday, 09:00 - 12:30, 13:30 - 18:00

Wednesday, 10:00 - 14:00

Thursday, Closed

Friday, 09:00 - 12:30, 13:30 - 17:30

Saturday, 10:00 - 12:30

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Holbrook Contacts

All Saints Parish Church

Services vary, please see village bulletin board for details or the church pages in this issue.

Rector: Rev Jenny Seggar Curate: Rev Duncan Myatt

Administrator: Amanda Bloomfield

The church is open every day for quiet reflection.

Church Activities: Bell ringing, Fellowship groups, Books for sale or swap, Comfort Corner, Children's play area, Parish Pantry,

Drop off point for FIND (Families in Need Charity)

Holbrook Methodist Church

Sundays at 10am Minister: Rev Steve Mann

Church Activities: 'Something Different' Evening worship, regular coffee mornings,

fellowship meetings, Tea & Chat

Churches Together Joint Activities

Holy communion for the elderly at the Care Homes, Messy Church, Community Spaces

Holy Family Roman Catholic Church

Fr. Christopher Smith – Tel: 01473 684963

The Orthodox Church of St. Cosmas and St. Damian

Fr. John Garnett Tel.01473 327708

Social Interest Groups

British Legion: Stanley Last – 01473 328865

The Holbrook Society: Suzanne Steer – 01473 327166

www.holbrooksociety.strikingly.com

Rural Coffee Caravan:

www.ruralcoffeecaravan.org.uk

Alton Belles WI: Jane Connell-Smith, 07798 752147

mjanecs@yahoo.co.uk covering Holbrook, and all villages around Alton Water.

Children & Youth Groups

Cabin Club/Pre-school: 01473 328414

Cubs and Scouts: Adrian Garnham 07955 258079

adriangarnham53@gmail.com

www.samfordvalley.suffolkscouts.org.uk

Holbrook Brownies: Alison Swallow girlguiding.org.uk

Police non-emergency: NON-emergency 101. Police HQ enquiries 01473 613500

Water & Sewage: Emergencies & queries 03457145 Reporting leaks
0800 771881

Power: Emergencies/Power cuts: 105/0800 316 3105 from mobile
0333 323 2105

www.powercut105.com

Holbrook Surgery: 01473 328263

Holbrook Parish Council: Parish Clerk: Jo Hazelwood 01473 327663
clerk@holbrookparishcouncil.gov.uk

<https://holbrookparishcouncil.gov.uk>

Chairman: John Ambrose - 01473 328815

johnambrose@holbrookparishcouncil.gov.uk

Community First Responders: Adrian Garnham 07955 258079
stutton.responders@gmail.com

Village Hall Bookings: holbrookvh@gmail.com

Babergh DC Bin Collection: 01449 778678

www.babergh.gov.uk/waste-services

Parish Papers: clerk@holbrookparishcouncil.gov.uk

Sporting & Fitness Groups

Holbrook Harriers Juniors: Mike Hallows – 07971 669959

Holbrook Hornets FC: Martin O’Leary – 07824 343635

Steel Quoits: Richard Abbott – 01473 328017

Shotley Peninsula Cycling Campaign: www.spcc.info

Swimming Club: www.SPSC@btinternet.com

Community Speed Watch Group: Ian Bowell, coordinator,
ian.bowell@icloud.com

Holbrook Tennis Club: Andrew Woodger 07977192906

Yoga: Cathie Shuster – 01728 47001 cathieshuster@hotmail.co.uk

Leisure & Interest Groups

Art Group: Rita Suckling – 01473 328257

Emma Graham – 01473 787721

Bowls Club: Derek Harper - 01473 327505 derek.58.dh@gmail.com

Dog Training: Lynn Riddell 07786 415948

Friends of All Saints Church: Linda Holmes – 01206 397006

Holbrook & District Flower Club: Mrs Sheila Cooper: 01473 780516

Holbrook Boat Owners Association: John Stebbings – 01473
328590

holbrookcreek@gmail.com

Peninsula Amenities

Harwich Harbour Foot Ferry: www.harwichharbourferry.com



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